

SERMON NOTES

Not broken, just tired - 03.24.24

Goal: There are times when our soul is in need of restoration. It's not that it's broken, it's just worn down by the wear and tear of life.

Scripture: *Psalm 23; John 3:17; Luke 15:4-7; Luke 19:10; 2 Corinthians 5:21; Psalm 51:10-12*

Overview:

The overwhelming story of the Bible is restoration and redemption. We see Him restoring bodies as He did with the paralyzed man at Bethesda. We see Him restoring sight as He did with blind Bartimaeus. We see Him restoring the deaf and mute in Mark 7. We see Him restoring the mentally unstable as he did with the possessed man named Legion. We see Him restoring resources as He turned water into wine at Cana. We see Him restoring finances, restoring hearts, and even restoring lives as He did when He brought Lazarus back from the dead. Revelation says He will even redeem all creation.

There are times, even as a Christian, when our soul is in need of restoration. It's not that it's broken or tarnished, it's just worn down by the wear and tear of life, the sicknesses and stress that plague humanity. Our souls get tired and the implication of this Psalm is we, just like sheep, need to be restored.

The word **restore** doesn't mean broken, it just means **being brought back to our original condition**.

The word **restore** also means to **refresh**. It's a physical and psychological renewal. It's a deep work on the soul that only God can do.

Application:

1. He pursues us

- He is a good shepherd even when we're not being good sheep.
- All we like sheep have gone astray, but the Good Shepherd loves us anyway.

2. He restores us

- He takes those who wander and makes them stronger.
- In Hebrew the word restore means "brings my soul back." When we sin, or give in to temptation, we lose part of ourselves.
- God won't fix what you fake.

3. He leads us

- The Shepherd always leads us to something better. He is taking you to the right place for His name's sake.

Discussion Questions:

1. Was there ever a time in your journey with Jesus that you wandered?
2. Is there an area of your life that needs to be restored?
3. How is your soul?
4. Do you feel like something is not right in your soul?
5. Are you on edge or do situations easily irritate you?
6. Do you feel broken inside, alone, numb?
7. Do you regularly feel like a failure who can't do anything right? Do you live in guilt or shame?
8. Have you gotten to where you are no longer excited about anything?