

Get It Together – Pt. 03: Be Glad In It

The Embassy Church - Small Group Notes – Sunday, October 13, 2019

Some people have turned gratitude into a lifestyle. Others struggle to find reasons for gratefulness. There is a certain gratitude that will turn what you have into more than enough!

Be blessed!

Pastor Léon van Weerden

There is a certain gratitude that will turn what you have into more than enough!

Scriptures – All Scriptures – New Living Translation

Psalm 118:24

²⁴This is the day the LORD has made. We will rejoice and be glad in it.

Matthew 22:37-40

³⁷Jesus replied, “ ‘You must love the LORD your God with all your heart, all your soul, and all your mind.’ ³⁸This is the first and greatest commandment. ³⁹A second is equally important: ‘Love your neighbor as yourself.’ ⁴⁰The entire law and all the demands of the prophets are based on these two commandments.”

Psalm 37:4

⁴Take delight in the LORD, and he will give you your heart’s desires.

Psalm 118:22-26

²² The stone that the builders rejected has now become the cornerstone.

²³ This is the LORD's doing, and it is wonderful to see.

²⁴ This is the day the LORD has made. We will rejoice and be glad in it.

²⁵ Please, LORD, please save us. Please, LORD, please give us success.

²⁶ Bless the one who comes in the name of the LORD. We bless you from the house of the LORD.

Acts 4:11-12

¹¹ For Jesus is the one referred to in the Scriptures, where it says,

‘The stone that you builders rejected
has now become the cornerstone.’

¹² There is salvation in no one else! God has given no other name under heaven by which we must be saved.”

Gratitude = A Grateful Attitude

Main Points:

1. Gratitude – Being Thankful: Connected to Reasons
2. Love – Feeling of Deep Affection: Connected to Relationship
3. Appreciate – Recognizing Worth: Connected to Worth
4. Delight – Great Pleasure – Connected to Feeling of Joy

Appreciation is recognizing worth in others.

Digging Deeper:

Revelation

- What does it mean to *choose* what we allow to go into our ears and into our hearts?
- How is love connected to relationships?
- How does Jesus sum up the most important commandment? (Matthew 22:37-40)
- How do we appreciate a deeper level of love?

Interpretation

- How is *attitude* connected with *gratitude*?
- How does looking at the blessings of the Lord, lead to an attitude of gratitude?
- How do we choose to guard our heart?
- How do we recognize worth in others?
- How does delighting in the Lord lead to happiness?

Application

- What *reasons* do you have leading to an *attitude of gratitude*?
 - Count your blessings.
- What are your ears hearing?
- Are you choosing to love in your heart?
- How do you express appreciation to those around you?
- What do you delight in?

Be Glad in "it" – and Be G.L.A.D. in Him!
