# A Piece of My Mind

The Embassy Church - Small Group Notes – Sun, June 21, 2020

Your mind is like a garden. It can grow all kinds of things. How you treat your garden determines what will grow. This helps you understand how to grow a healthy garden.

Be blessed! Pastor Léon van Weerden

God wants your mind to be aligned with Him.

#### Scriptures:

- Job 32:17
- Psalm 7:9
- Psalm 94:18-19
- 1 Corinthians 2:16
- Proverbs 12:8 (NLT)
- Proverbs 16:23 (NLT)
- Matthew 22:37-40 (NLT)
- Romans 7:23 (NLT)
- Romans 7:25 (NLT)
- Romans 8:6 (NLT)
- Matthew 13:24-30 (NLT)
- Psalms 119:169-173 (NLT)
- Philippians 4:6-9 (NLT)

#### Main Points:

- 1. Be Aware of the War
- 2.Ignore the Weeds
- 3. Make Your Mind a Place of Worship

Don't believe everything you think.

#### Starter Questions:

- What did you hear?
  - What point in this message was most impactful for you?
- What do you think?
  - How did this message challenge, change or affirm your thinking?
- What will you do?
  - How will you put into practice what you've learned today?

# Digging Deeper:

Revelation

- How can our mind be "warped"?
- What kinds of things can plant "good seeds" and "bad seeds" into our minds?

# The enemy wants us to focus on our lack. God encourages us to focus on His abundance.

## Interpretation

- How do you "tend" the "garden" of your mind?
- What happens if we focus too much on pulling out the weeds in our mind?
- How can we "fix" our thoughts on good things?

## Application

- What's the state of your mind?
- What good seed are you focusing on that's in your mind?
- What's influencing your mind and thoughts in a good way?
  - Are there influences on your mind and thoughts that are not good, which you should eliminate?

God's peace will always guard our heart and our mind.