



Have fun learning and playing
with your preschooler!

Activity

Water Movement

What You Need:

Blue scarves or streamers (or color strips of paper with a blue crayon)

What You Do:

Say, "Watch me. (*Wave the scarves or streamers around.*) What do these scarves look like to you? They remind me of water—the way it moves back and forth. Now, I want you to hold the scarves out in front of you like this. (*Demonstrate, then give scarves to your child.*) Wiggle them around. Great! Right now, the water is together or closed. But what if we did this? (*Stretch arms out wide to your side.*) The waters opened, didn't they? When I say, 'Close,' bring them together. When I say, 'Open,' pull them apart. Ready? And open! (*Pause.*) Wiggle them around. And close! (*Pause.*) Wiggle them again. Great job! (*Repeat as desired.*) That was a lot of fun, pretending to move the water around."

"Today, we heard a story about how Moses helped God's people and how they got through the water. We can trust what God says because he knows what's best for us. Who knows what's best for you? God knows what's best for you!"

Bible Story

Moses and the Sea
(Exodus 13:17-18; 14)

Remember This

"God...knows everything."
1 John 3:20, NIV

Say This

Who knows what's
best for you?
God knows what's
best for me.

Prayer

"God, we can always trust You. We can do what You say because we know You love us. You know what is best for us. We love You! Amen."