

MIXTAPE WEEK 6 - GROUP DISCUSSION

INTRODUCTION

Does it ever feel like others have a better life than you? Better clothes, better houses, better vacations, better marriages, better friends, better bodies, better talents, better... Take any measurement and there is someone out there who has more than you or is better than you. The question is, as you look around and see “better” how does God want you to respond?

BIBLE REFERENCES

“Truly God is good to Israel, to those whose hearts are pure. ²But as for me, I almost lost my footing. My feet were slipping, and I was almost gone. ³For I envied the proud when I saw them prosper despite their wickedness...¹³Did I keep my heart pure for nothing? Did I keep myself innocent for no reason? ¹⁴I get nothing but trouble all day long; every morning brings me pain...²¹Then I realized that my heart was bitter, and I was all torn up inside. ²²I was so foolish and ignorant—I must have seemed like a senseless animal to you. ²³Yet I still belong to you; you hold my right hand. ²⁴You guide me with your counsel, leading me to a glorious destiny. ²⁵Whom have I in heaven but you? I desire you more than anything on earth. ²⁶My health may fail, and my spirit may grow weak, but God remains the strength of my heart; he is mine forever. ²⁷Those who desert him will perish, for you destroy those who abandon you. ²⁸But as for me, how good it is to be near God! I have made the Sovereign Lord my shelter, and I will tell everyone about the wonderful things you do.” Psalm 73 NLT.

DISCUSSION

1. What was the writer’s struggle in Psalm 73? How was the struggle resolved?
2. What fuels envy? What can it lead to?
3. How can you break the cycle of More→Better→Different→More?
4. What did you most need to hear in this talk?

SUGGESTED PRAYER

Father, thank you for the gift of life. Root out the monster of envy. Give me peace, contentment and a life full of gratitude. Help me push back on trying to live someone else’s life and give me the ability to live the life you want for me. For, with the Psalmist I say, you “remain the strength of my heart.” Amen.