

MIXTAPE WEEK 9 - GROUP DISCUSSION

INTRODUCTION

With billions of people in the world it is natural to ask, does God personally care about me? Yet that is what scripture teaches. He sees and cares about every detail of my life. There is not a minute of my life that God has missed. And he not only knows us he wants us to know him. So instead of running from God, he wants us to run to him and build a relationship with him.

BIBLE REFERENCES

O Lord, you have examined my heart and know everything about me. ²You know when I sit down or stand up. You know my thoughts even when I'm far away...⁷I can never escape from your Spirit! I can never get away from your presence! ⁸If I go up to heaven, you are there; if I go down to the grave, you are there...¹³You made all the delicate, inner parts of my body and knit me together in my mother's womb. ¹⁴Thank you for making me so wonderfully complex! Your workmanship is marvelous—how well I know it...¹⁷How precious are your thoughts about me, O God. They cannot be numbered! ¹⁸I can't even count them; they outnumber the grains of sand! And when I wake up, you are still with me...²³Search me, O God, and know my heart; test me and know my anxious thoughts. ²⁴Point out anything in me that offends you, and lead me along the path of everlasting life.

Selections from Psalm 139 NLT.

DISCUSSION

1. From Psalm 139 make a list of what God knows about you.
2. How can believing God knows everything lead to either comfort or fear?
3. Why is there sometimes pressure to manage your image rather than simply being authentic with who you really are?
4. What does it mean (practically, in everyday life) to trust God with your life? Give an example of you trying to control your life rather than trusting God.
5. What did you most need to hear from this talk?

SUGGESTED PRAYER

Lord, help us to give up the illusion of control. Let us recognize that you, who made the universe and are capable of caring for everyone, are in control. Let us take comfort in your sovereignty and that we don't need to be afraid of you, but rather we can run to you for refuge. In your name, Amen.