



# TRAINING CAMP

PLAN. PRACTICE. GROW.



WEEK  
**TWO**  
MAY 2024

SMALL GROUP  
**K-1**

## TODAY'S SUGGESTED SCHEDULE

### TODAY'S BIBLE STORY

**You Say**  
The Lord's Prayer  
Matthew 6:9-13

### TODAY'S BOTTOM LINE

Practice praying to God.

### MONTHLY MEMORY VERSE

"Training the body has some value.  
But being godly has value in every  
way. It promises help for the life  
you are now living and the  
life to come."  
1 Timothy 4:8, NIV

### MONTHLY VIRTUE

Commitment—Making a plan  
and putting it into practice

### BASIC TRUTH

I can trust God no matter what.

### PRELUDE: Setting the tone for the experience

See the **Getting Ready** pages at the end of this document for a detailed description of what you'll need for today.

In the **Prelude** folder of your curriculum, you'll find a variety of other resources to help you prepare.

Check out our Pinterest page here <https://bit.ly/447HSZi> or a visual on some of the activities.

### SMALL GROUP

15  
MIN

#### SOCIAL: Providing time for fun interaction

Early Arriver  
Opening Activity

### LARGE GROUP

35  
MIN

#### STORY: Communicating God's truth in engaging ways WORSHIP: Inviting people to respond to God

Welcome/Opener  
Worship  
Bible Story  
Bottom Line  
Prayer  
Closer

### SMALL GROUP

25  
MIN

#### GROUPS: Creating a safe place to connect

Bible Story Review: Phone a Friend  
Application Activity: Tiny Bible Training Guide  
Memory Verse Activity: Kickball Verse  
Prayer Activity: Pray and Dismiss

### HOME: Prompting action beyond the experience

Parent Cue Card (print or email)  
Devotionals for Kids  
Parent Cue App



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PRELUDE SOCIAL STORY WORSHIP GROUPS HOME

PROVIDING TIME FOR FUN INTERACTION  
15 MINUTES

## MADE TO MOVE

an activity that increases the oxygen in the brain and taps into the energy in the body



Before kids arrive, take a few moments to pray for them. Pray for those who might visit your group for the first time. Use the outline of the Lord's Prayer in Matthew 6:9-13 to guide your prayer time. Ask God to help each kid begin to develop a habit of praying that draws them into deeper conversations and connection with God.

## TODAY'S BIBLE STORY

**You Say**  
The Lord's Prayer  
Matthew 6:9-13

## 1. EARLY ARRIVER

**WHAT YOU NEED:** Offering container; pennies; large, plastic bin or basket; and painter's tape

### WHAT YOU DO:

- Greet all of the kids as they enter with a smile.
- Invite kids who have brought an offering to put it in the offering container.
- Create a tape line on the floor using the painter's tape.
- Place a large bin or basket a few feet across from the line.
- Give each kid a penny.
- Instruct the kids to stand on the tape line.
- Demonstrate how to make a fist, held out in front of you, with your thumb on top and slightly under your first finger.
- Direct the kids to put their hands in a similar position.
- Instruct the kids to use their other hand to carefully place the penny on top of their thumb and "flick" their thumb up so their penny flies up and forward and hopefully into the plastic container or basket.
  - It's okay if kids come up with their own creative ways to toss/flick the penny as well.
- Invite the kids to retrieve their pennies and repeat multiple times.

## TODAY'S BOTTOM LINE

Practice praying to God.

## MONTHLY MEMORY VERSE

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1 Timothy 4:8, NIV

## MONTHLY VIRTUE

Commitment—Making a plan and putting it into practice

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PRELUDE      SOCIAL      STORY      WORSHIP      GROUPS      HOME

PROVIDING TIME FOR FUN INTERACTION  
15 MINUTES

## MADE TO PLAY

an activity that encourages learning through following guidelines and working as a group



## 2. OPENING ACTIVITY

**WHAT YOU NEED:** Tennis or ping-pong balls

**WHAT YOU DO:**

- Instruct the kids to find a partner.
- Direct the partners to stand facing each other.
- Give two tennis or ping-pong balls to one partner from

each pair.

- Instruct the kid holding the tennis or ping-pong balls to hold each ball out in front of them as though they are ready to drop them.
- Direct the other partner to face the one holding the tennis or ping-pong balls, and place their hands **palms down** below their partner's hands.
- When everyone is in place, say: "Drop!"
- When you say drop, instruct the partner holding the tennis or ping-pong balls to drop them while the other partner tries to flip their hands around in time to catch them before they hit the floor.
- Instruct the partners to switch roles and repeat.
- Direct the kids to find new partners and repeat as time allows.

## TODAY'S BIBLE STORY

**You Say**

The Lord's Prayer  
Matthew 6:9-13

## TODAY'S BOTTOM LINE

Practice praying to God.

## MONTHLY MEMORY VERSE

"Training the body has some value. But being godly has value in every way. It promises help for the life you are now living and the life to come."

1 Timothy 4:8, NIV

**WHAT YOU SAY:**

"That was some great practice! Anybody who is training to get better at something has to practice and work hard. They make a commitment to what they're training for, and they make a plan to improve through practicing! Depending on what they're practicing for, they may need to improve their reaction time, their ability to sing a certain note, or working as a team. **[Transition] Let's go hear about something else God wants us to practice every day!**"

Lead your group to the Large Group area.

## MONTHLY VIRTUE

Commitment—Making a plan and putting it into practice

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PRELUDE      SOCIAL      STORY      WORSHIP      GROUPS      HOME

CREATING A SAFE PLACE TO CONNECT  
25 MINUTES

## MADE TO CONNECT

an activity that invites kids to share with others and build on their understanding



## 1. PHONE A FRIEND

[TALK ABOUT GOD | BIBLE STORY REVIEW]

WHAT YOU NEED: *Optional: Bible marked at Matthew 6:9-13*

### WHAT YOU DO:

- Instruct the group to join you in a seated circle.
- Say: "We're going to play a game where we whisper phrases from the Lord's Prayer that Jesus taught His disciples and see if we can get them correctly around the circle!"
- One phrase at a time, whisper a phrase from the Lord's Prayer (below) to the kid sitting on your right.
- Instruct that kid to whisper the phrase to the kid beside them and so on until the phrase travels around the circle.
  - Direct kids to wait quietly as the phrases are whispered so everyone can hear and share.
- Invite the last kid to share the phrase they heard with the group.
- Correct each phrase as needed.
- Allow kids to change spots in the circle after each phrase so different kids get to start/end each round.
  - Our Father in heaven, may your name be honored.
  - May your kingdom come.
  - May what you want to happen be done on earth as it is done in heaven.
  - Give us today our daily bread.
  - And forgive us our sins, just as we also have forgiven those who sin against us.
  - Keep us from sinning when we are tempted.
  - Save us from the evil one.

NOTE: The wording of the Lord's Prayer from Matthew 6:9-13 NIV is listed above. Use a Bible marked at Matthew 6:9-13 in a different translation if an alternate translation is preferred.

### WHAT YOU SAY:

"That was a fun game! Sometimes it can get silly, but we saw today that it can remind us how we can talk to God! Saying the words from Jesus' prayer and hearing our friends say them were a great way to **practice praying to God**."

"When we pray, we can tell God what we're thinking, feeling, or even what we need. Jesus' example of prayer can help us keep that conversation with God going anytime, anywhere, and that will help our faith grow!"

**[Make It Personal] (Tell about a time when your conversation with God helped you make a decision or know what to do in a difficult situation.)**

## TODAY'S BIBLE STORY

### You Say

The Lord's Prayer  
Matthew 6:9-13

## TODAY'S BOTTOM LINE

Practice praying to God.

## MONTHLY MEMORY VERSE

"Training the body has some value. But being godly has value in every way. It promises help for the life you are now living and the life to come."

1 Timothy 4:8, NIV

## MONTHLY VIRTUE

Commitment—Making a plan and putting it into practice

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PRELUDE

SOCIAL

STORY

WORSHIP

GROUPS

HOME

CREATING A SAFE PLACE TO CONNECT  
25 MINUTES

## MADE TO CREATE

an activity that explores spiritual ideas through the process of drawing, building, and designing



## TODAY'S BIBLE STORY

### You Say

The Lord's Prayer  
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## MONTHLY VIRTUE

Commitment—Making a plan and putting it into practice

## BASIC TRUTH

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## \* 2. TINY BIBLE TRAINING GUIDE [LIVE FOR GOD | APPLICATION ACTIVITY]

**WHAT YOU NEED:** Prepared "Tiny Bible Training Guide" Activity Page, and crayons or colored pencils

### WHAT YOU DO:

- Give each kid a prepared "Tiny Bible Training Guide" Activity Page booklet.
- Review the parts of the Lord's Prayer by reading through it and looking at each picture.
- Set out the crayons.
- Invite kids to color each page of their mini-book.
  - Direct them to color the kid on the first page and last page inside the mini-book to look like them.
- While kids are coloring, discuss what the different parts of the Lord's Prayer mean by asking them what each phrase means.
- Use the following talking points with each page (the NIV is below), as needed:
  - "Our Father in heaven, may your name be honored." God is in heaven, and we want to show and talk about our love for God.
  - "May your kingdom come." God promises to make everything right in our world, just like it is in heaven where God lives.
  - "May what you want to happen be done on earth as it is in heaven." We can be a part of making the world better and showing others what God is like.
  - "Give us today our daily bread." We can ask God for anything we need—like food, or even friends or patience.
    - *NOTE: Please be sensitive to those dealing with various insecurities and steer the conversation towards being able to go to God about anything, versus the things we tangibly have or don't have.*
  - "And forgive us our sins, just as we also have forgiven those who sin against us." When we mess up, we can ask God for forgiveness.
  - "Keep us from sinning when we are tempted." Sin is anything that breaks our relationship with God and God wants to help us avoid it.
  - "Save us from the evil one." We can ask God to help us make wise choices and protect us.
- When kids finish coloring, say: "This Training Guide is so small, you can put it in your pocket and have it with you all the time!"
- Ask kids to write their names on the back of their mini-book.
- Set the mini-books aside for the Prayer and Dismiss activity.

### WHAT YOU SAY:

"We can **practice praying to God** wherever we are and at any time! These little Training Guides can help you remember that God is always with you and that God is always ready to hear you! If you feel stuck, sad, worried, thankful, or whatever it may be—use Jesus' example prayer to help you talk to God. When we **practice praying to God**, it becomes something we start to remember to do. Talking to God is one of the ways we can grow in our faith!"



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PRELUDE      SOCIAL      STORY      WORSHIP      GROUPS      HOME

CREATING A SAFE PLACE TO CONNECT  
25 MINUTES

## MADE TO PLAY

an activity that encourages learning through following guidelines and working as a group



## 3. KICKBALL VERSE

[HEAR FROM GOD | MEMORY VERSE ACTIVITY]

**WHAT YOU NEED:** "Memory Verse Poster" Activity Page, and kickball

### WHAT YOU DO:

- Instruct the group to form a standing circle.
- Place the "Memory Verse Poster" Activity Page in the middle of the circle.
- Review the Memory Verse by reading it from the "Memory Verse Poster" Activity Page.
- Read the Memory Verse again, one phrase at a time.
- As you say each phrase, encourage the kids to repeat the phrase after you.
- Grab the ball, say the first word of the verse, then gently kick (or roll) the ball to one kid.
- Invite that kid to say the next word of the verse (prompt as needed), then gently kick (or roll) the ball to another kid, and so on.
- Continue until you've reviewed the entire verse.
- Direct kids to move to new spots in the circle and repeat.

## TODAY'S BIBLE STORY

### You Say

The Lord's Prayer  
Matthew 6:9-13

## TODAY'S BOTTOM LINE

Practice praying to God.

## MONTHLY MEMORY VERSE

"Training the body has some value. But being godly has value in every way. It promises help for the life you are now living and the life to come."

1 Timothy 4:8, NIV

### WHAT YOU SAY:

"That was some great practice! It took teamwork and commitment! The more we practiced, the faster we got both with our footwork and with our knowledge of God's Word! It's great to **practice praying to God** AND to practice learning God's Word.

"Our verse reminds us that when we exercise our body, it helps our body right now. When we practice being godly, training our minds and hearts by learning God's Word, that helps us now AND later in our lives! When we **practice praying to God**, that is one way we can put our plan to grow in our faith into practice!"

## MONTHLY VIRTUE

Commitment—Making a plan and putting it into practice

## BASIC TRUTH

I can trust God no matter what.



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PRELUDE      SOCIAL      STORY      WORSHIP      GROUPS      HOME

CREATING A SAFE PLACE TO CONNECT  
25 MINUTES

## MADE TO REFLECT

an activity that creates space for personal understanding and application



## TODAY'S BIBLE STORY

**You Say**  
The Lord's Prayer  
Matthew 6:9-13

## TODAY'S BOTTOM LINE

Practice praying to God.

## MONTHLY MEMORY VERSE

"Training the body has some value. But being godly has value in every way. It promises help for the life you are now living and the life to come."  
1 Timothy 4:8, NIV

## MONTHLY VIRTUE

Commitment—Making a plan and putting it into practice

## BASIC TRUTH

I can trust God no matter what.

## 4. PRAY AND DISMISS [PRAY TO GOD | PRAYER ACTIVITY]

**WHAT YOU NEED:** Mini-books from the Tiny Bible Training Guide Activity, and paper

### WHAT YOU DO:

- Instruct the kids to sit in a circle.
- Give each kid their mini-book from the Tiny Bible Training Guide Activity.
- Say: "We're all going to take some time to **practice praying to God.**"
- Place the four pieces of paper in four different places around your small group space.
- Divide your group into four groups.
- Instruct each of the groups to move to one of the pieces of paper.
- Say: "We are going to pray at this first spot and then move around to another place to pray. You can use your mini-books to pray like the Lord's Prayer, or you can pray your own prayer—silently or spoken quietly. Remember, you're having a personal conversation with God, and this time is not for anyone else to hear or see."
- Direct the kids to start to pray.
- When you say "switch," instruct the groups to head to a different piece of paper and repeat.
- When you say "finish up," direct the kids to finish up their prayers and return to the group.
- Close your group time in prayer.

### WHAT YOU SAY:

"God, thank You for being such an amazing God that You can hear us anywhere we are and anytime we pray! Thank You for wanting to help us when we are happy, when we are sad, and anything in between. Help us remember that we can always talk to You! We love You and we pray these things in Jesus' name. Amen."

As adults arrive to pick up, remind kids to take their Tiny Bible Training Guide with them to help them remember what they can say to God anytime, anywhere! Encourage them to share their mini-book with a friend or adult!



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PRELUDE

SOCIAL

STORY

WORSHIP

GROUPS

HOME

## GETTING READY

HERE'S EVERYTHING YOU NEED TO GET READY FOR THIS WEEK

### SOCIAL: PROVIDING TIME FOR FUN INTERACTION (15 MINUTES)

Welcome kids and spend time engaging in conversation and catching up. Get ready to experience today's story.

(Choose one or both of these activities.)

#### 1. EARLY ARRIVER

**Made to Move:** an activity that increases the oxygen in the brain and taps into the energy in the body

- Offering container
- Pennies, at least one for each kid
- Large, plastic bin or basket; one for each Small Group
- Painter's tape, one roll for each Small Group

#### 2. OPENING ACTIVITY

**Made to Play:** an activity that encourages learning through following guidelines and working as a group

**WHAT YOU NEED:**

- Tennis or ping-pong balls, one for each kid

### GROUPS: CREATING A SAFE PLACE TO CONNECT (25 MINUTES)

Create a safe place to connect and learn how the Bible story applies to real life experiences, through interactive activities and discussion questions.

(Choose as many of these activities as you like.)

\* If you don't have time to do all these activities, be sure to do activity #2.

#### 1. PHONE A FRIEND

[TALK ABOUT GOD | BIBLE STORY REVIEW]

**Made to Connect:** an activity that invites kids to share with others and build on their understanding

**WHAT YOU NEED:**

- Optional: Bible marked at Matthew 6:9-13

#### \* 2. TINY BIBLE TRAINING GUIDE [LIVE FOR GOD | APPLICATION ACTIVITY]

**Made to Create:** an activity that explores spiritual ideas through the process of drawing, building, and designing

**WHAT YOU NEED:**

- Print "Tiny Bible Training Guide" Activity Page on paper, one for each kid
- Crayons or colored pencils, enough for a Small Group to share
- Before group time, prepare each "Tiny Bible Training Guide" Activity Page:
  - Fold along all lines, then unfold.
  - Fold the paper in half hamburger style, then cut a slit along the dotted line.
  - Unfold the paper, then fold hotdog style with the slit along the top.
  - Push in both ends of the paper until the paper folds like a book.
  - Be sure that the paper is folded so that the Lord's Prayer cover page is on top.
- Video explanation: <https://bit.ly/47MCZ9A>

#### 3. KICKBALL VERSE

[HEAR FROM GOD | MEMORY VERSE ACTIVITY]

**Made to Play:** an activity that encourages learning through following guidelines and working as a group

**WHAT YOU NEED:**

- Print "Memory Verse Poster" on 11" x 17" paper, one for each Small Group
- Kickball, one for each Small Group

#### 4. PRAY AND DISMISS

[PRAY TO GOD | PRAYER ACTIVITY]

**Made to Reflect:** an activity that creates space for personal processing and application

**WHAT YOU NEED:**

- Mini-books from the Tiny Bible Training Guide Activity
- Paper, four pieces for each Small Group

#### HOME: PROMPTING ACTION BEYOND THE EXPERIENCE

- Print on cardstock or email this week's devotionals and Parent Cue cards.
- Tell parents about our additional family resource: **Parent Cue app.**