



TRUE NORTH

Part 3 - The Table: The Meal that Satisfies

But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father is seeking such people to worship him. God is spirit, and those who worship him must worship in spirit and truth.

John 4:23-24 ESV

Why a Weekly Lord's Table?



**The Bible Seems to
Back This Practice**

*Now on the first day of the week,
when the disciples came together to
break bread, Paul, ready to depart the
next day, spoke to them.*

Acts 20:7 NKJV

All the believers devoted themselves to the apostles' teaching, and to fellowship, and to sharing in meals (including the Lord's Supper), and to prayer.

Acts 2:42 NLT

They worshiped together at the Temple each day, met in homes for the Lord's Supper, and shared their meals with great joy and generosity.

Acts 2:46 NLT



Our Centerpiece of Worship
is Always the Cross

Dear brothers, even when I first came to you, I didn't use lofty words and brilliant ideas to tell you God's message. For I decided that I would speak only of Jesus Christ and his death on the cross.

1 Corinthians 2:1-2 LB

A dramatic sky at sunset or sunrise. The sun is low on the horizon, creating a bright orange and yellow glow. The sky transitions to a deep blue at the top. There are several thin, white lines radiating from the sun, creating a sunburst effect. The bottom of the image shows a layer of dark, textured clouds, possibly a sea of clouds or a mountain range covered in mist. The overall mood is serene and majestic.

It Embodies the
Gospel Message

But my life is worth nothing to me unless I use it for finishing the work assigned me by the Lord Jesus—the work of telling others the Good News about the wonderful grace of God.

Acts 20:24 NLT

The Looks of Communion

A dramatic landscape at sunset or sunrise. The sky is a gradient of blue and orange. A thick layer of white and grey clouds covers the lower half of the image. Sunbeams radiate from the center of the horizon, creating a bright glow. The overall mood is serene and majestic.

1. The Look Around: Communion

When you meet together, you are not really interested in the Lord's Supper. For some of you hurry to eat your own meal without sharing with others. As a result, some go hungry while others get drunk...

1 Corinthians 11:20-22, 33 NLT

*...What? Don't you have your own
homes for eating and drinking?
Or do you really want to disgrace
God's church and shame the poor?
What am I supposed to say?
Do you want me to praise you?...*

1 Corinthians 11:20-22, 33 NLT

...Well, I certainly will not praise you for this...So, my dear brothers and sisters, when you gather for the Lord's Supper, wait for each other.

1 Corinthians 11:20-22, 33 NLT

When we bless the cup at the Lord's Table, aren't we sharing in the blood of Christ? And when we break the bread, aren't we sharing in the body of Christ?...

1 Corinthians 10:16-18 NLT

*...And though we are many,
we all eat from one loaf of bread,
showing that we are one body.
Think about the people of Israel.
Weren't they united by eating the
sacrifices at the altar?*

1 Corinthians 10:16-18 NLT

A dramatic sky at sunset or sunrise. The sun is low on the horizon, creating a bright orange and yellow glow. A layer of white and grey clouds is visible, with a sunburst effect radiating from the sun. The overall color palette is a mix of deep blues, oranges, and greys.

2. The Look Up: Thanksgiving

For I pass on to you what I received from the Lord himself. On the night when he was betrayed, the Lord Jesus took some bread and gave thanks to God for it.

1 Corinthians 11:23-24 NLT

A dramatic landscape at sunset or sunrise. The sky is a gradient of blue and orange. A thick layer of white and grey clouds covers the lower half of the image. Sunbeams radiate from behind the clouds, creating a bright, hazy effect. The overall mood is contemplative and serene.

3. The Look Back: Remembrance

*Then he broke it in pieces and said,
“This is my body, which is given for
you. Do this in remembrance of me.”...*

1 Corinthians 11:24-25 NLT

...In the same way, he took the cup of wine after supper, saying, "This cup is the new covenant between God and his people—an agreement confirmed with my blood. Do this in remembrance of me as often as you drink it."

1 Corinthians 11:24-25 NLT

The background of the slide features a vibrant sunset or sunrise sky. The sun is positioned centrally behind a thick layer of white and grey clouds, creating a bright sunburst effect with rays of light extending outwards. The sky transitions from a deep orange near the horizon to a clear, pale blue at the top. The clouds are dense and textured, filling the lower two-thirds of the frame.

4. The Look Forward: Proclamation

For every time you eat this bread and drink this cup, you are announcing the Lord's death until he comes again.

1 Corinthians 11:26 NLT

And he took a cup of wine and gave thanks to God for it. He gave it to them and said, "Each of you drink from it, for this is my blood, which confirms the covenant between God and his people..."

Matthew 26:27-29 NLT

...It is poured out as a sacrifice to forgive the sins of many. Mark my words—I will not drink wine again until the day I drink it new with you in my Father's Kingdom.”

Matthew 26:27-29 NLT

*Then I heard again what sounded like
the shout of a vast crowd or the roar
of mighty ocean waves or the crash
of loud thunder...*

Revelation 19:6-9 NLT

...“Praise the Lord! For the Lord our God, the Almighty, reigns. Let us be glad and rejoice and let us give honor to him. For the time has come for the wedding feast of the Lamb, and his bride has prepared herself...

Revelation 19:6-9 NLT

...She has been given the finest of pure white linen to wear.” For the fine linen represents the good deeds of God’s holy people...

Revelation 19:6-9 NLT

*...And the angel said to me,
“Write this: Blessed are those who
are invited to the wedding feast of the
Lamb.” And he added, “These are true
words that come from God.”*

Revelation 19:6-9 NLT

A dramatic landscape at sunset or sunrise. The sky is a gradient of blue and orange, with a bright sunburst effect in the center. Below the horizon, there is a vast sea of white and grey clouds. The overall mood is serene and contemplative.

5. The Look Within: Examination

So anyone who eats this bread or drinks this cup of the Lord unworthily is guilty of sinning against the body and blood of the Lord. That is why you should examine yourself before eating the bread and drinking the cup...

1 Corinthians 11:27-30 NLT

...For if you eat the bread or drink the cup without honoring the body of Christ, you are eating and drinking God's judgment upon yourself. That is why many of you are weak and sick and some have even died.

1 Corinthians 11:27-30 NLT

When we were utterly helpless, Christ came at just the right time and died for us sinners. Now, most people would not be willing to die for an upright person, though someone might perhaps be willing to die for a person who is especially good...

Romans 5:6-11 NLT

...But God showed his great love for us by sending Christ to die for us while we were still sinners. And since we have been made right in God's sight by the blood of Christ, he will certainly save us from God's condemnation...

Romans 5:6-11 NLT

...For since our friendship with God was restored by the death of his Son while we were still his enemies, we will certainly be saved through the life of his Son...

Romans 5:6-11 NLT

...So now we can rejoice in our wonderful new relationship with God because our Lord Jesus Christ has made us friends of God.

Romans 5:6-11 NLT