

# Ephesians 4:25-5:4 August 2<sup>nd</sup>, 2015

#### GET DRESSED! (WE ARE CALLED TO LIVE BETTER LIVES)

FIND THIS IN YOUR BIBLE: *Ephesians* 4:25-5:4

## Six Garments To Replace My Rags With

#### 1. From Dishonesty To Truthfulness

Therefore, having put away falsehood, let each one of you speak the truth with his neighbor, for we are members one of another. – Ephesians 4:25 (ESV)

#### 2. From Losing To Controlling My Temper

Be angry and do not sin; do not let the sun go down on your anger, <sup>27</sup> and give no opportunity to the devil. – Ephesians 4:26-27 (ESV)

- Check Your Motives
- Refuse To Nurse Resentment
- Don't Cross The Line

## 3. From Robbing To Honest Work

Let the thief no longer steal, but rather let him labor, doing honest work with his own hands, so that he may have something to share with anyone in need. – Ephesians 4:28 (ESV)

#### 4. From Negative To Positive Speech

Let no corrupting talk come out of your mouths, but only such as is good for building up, as fits the occasion, that it may give grace to those who hear. <sup>30</sup> And do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption. – Ephesians 4:29-30

#### 5. From Bitterness To Grace-Giving

Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice. <sup>32</sup> Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you. <sup>1</sup> Therefore be imitators of God, as beloved children. <sup>2</sup> And walk in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God. – Ephesians 4:31-5:2 (ESV)

#### 6. From Cheap Thrills To God's Gifts

But sexual immorality and all impurity or covetousness must not even be named among you, as is proper among saints. <sup>4</sup> Let there be no filthiness nor foolish talk nor crude joking, which are out of place, but instead let there be thanksgiving. – Ephesians 5:3-4 (ESV)

## I Will Live The Mystery by...

- Memorizing Ephesians 4:29
- Committing to Live the Better Christ-Life.
- Actively dressing for spiritual success every day.
- Accepting Jesus as Savior and Lord.

## WALK THE TALK A Growth Group Guide

- 1. Did you ever have that moment when you had to dress up for something and you struggled with knowing what to wear that would properly fit the occasion?
- 2. Why do we find it hard to let go of wearing the wrong spiritual clothes before the world that we live in?
- 3. Of the six garments to replace rags with above, which one really is the hardest for you to change into? Why?
- 4. How do Paul's simple maxims for each vice we struggle with help you change into a better way of living? Which one really spoke to you the most?
- 5. What do you think you specifically need to do this week to start "living the mystery of Christ" out?