



TRUE NORTH

Part 4 - A Life of Praise

But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father is seeking such people to worship him. God is spirit, and those who worship him must worship in spirit and truth.

John 4:23-24 ESV

The Framework for a Life of Praise

I Choose to Nourish Constant...

*Be cheerful no matter what;
pray all the time; thank God no
matter what happens. This is the
way God wants you who belong
to Christ Jesus to live.*

1 Thessalonians 5:16 MSG

A dramatic landscape photograph featuring a sunrise or sunset over a mountain range. The sky is a gradient of deep blue at the top, transitioning to a bright orange and yellow near the horizon. Numerous thin, white rays of light radiate from the sun, which is positioned centrally behind the mountain peaks. The foreground is dominated by dark, silhouetted mountain ridges and a thick layer of white, misty clouds that partially obscure the lower slopes of the mountains.

Emotional Health

*And Nehemiah continued,
“Go and celebrate with a feast
of rich foods and sweet drinks,
and share gifts of food with people
who have nothing prepared...”*

Nehemiah 8:10 NLT

*...This is a sacred day before our Lord.
Don't be dejected and sad, for the joy
of the LORD is your strength!"*

Nehemiah 8:10 NLT

For the kingdom of God is not a matter of eating and drinking but of righteousness and peace and joy in the Holy Spirit.

Romans 14:17 ESV

You have not seen Christ, but still you love him. You cannot see him now, but you believe in him. So, you are filled with a joy that cannot be explained, a joy full of glory.

1 Peter 1:8 NCV

A sunset or sunrise scene with a sunburst effect over a layer of clouds. The sun is positioned in the center, creating a bright glow and radiating light rays that spread across the sky. The sky transitions from a deep blue at the top to a warm orange and red near the horizon. Below the horizon, there is a thick layer of white and grey clouds, with some darker, silhouetted mountain peaks visible in the foreground.

Mindful Connection

*You keep him in perfect peace
whose mind is stayed on you,
because he trusts in you.*

Isaiah 26:3 ESV

*One day Jesus told his disciples
a story to show that they should
always pray and never give up.*

Luke 18:1 NLT

*“But let me tell you, even if he won’t
get up because he’s a friend,
if you stand your ground,
knocking and waking all the
neighbors, he’ll finally get up and
get you whatever you need...”*

Luke 11:8-9 MSG

*...Here's what I'm saying:
Ask and you'll get; Seek and you'll
find; Knock and the door will open."*

Luke 11:8-9 MSG

Trust in the LORD with all your heart; do not depend on your own understanding. Seek his will in all you do, and he will show you which path to take.

Proverbs 3:5-6 NLT

A dramatic landscape at sunset or sunrise. The sky is a gradient of deep blue at the top to a warm orange near the horizon. A bright sun is positioned centrally behind a thick layer of white and grey clouds, creating a strong sunburst effect with numerous thin rays of light radiating outwards. The foreground shows dark, silhouetted mountain ranges or hills. The overall mood is serene and inspiring.

Willful Gratitude

Addressing one another in psalms and hymns and spiritual songs, singing and making melody to the Lord with your heart, giving thanks always and for everything to God the Father in the name of our Lord Jesus Christ.

Ephesians 5:19-20 ESV

And we know that God causes everything to work together for the good of those who love God and are called according to his purpose for them.

Romans 8:28 NLT

*All of this is for your benefit.
And as God's grace reaches more
and more people, there will be great
thanksgiving, and God will receive
more and more glory...*

2 Corinthians 4:15-18 NLT

*...That is why we never give up.
Though our bodies are dying,
our spirits are being renewed
every day...*

2 Corinthians 4:15-18 NLT

...For our present troubles are small and won't last very long. Yet they produce for us a glory that vastly outweighs them and will last forever!...

2 Corinthians 4:15-18 NLT

...So we don't look at the troubles we can see now; rather, we fix our gaze on things that cannot be seen. For the things we see now will soon be gone, but the things we cannot see will last forever.

2 Corinthians 4:15-18 NLT