

Ephesians 6:10-17August 23rd, 2015

SUITING UP FOR DAILY LIFE EPHESIANS 6:10-17

¹⁰ A final word: Be strong in the Lord and in His mighty power. ¹¹Put on all of God's armor so that you will be able to stand firm against all strategies of the devil. ¹²For we are not fighting against flesh and blood enemies, but against evil rulers and authorities of the unseen world, against mighty powers in this dark world, and against evil spirits in the heavenly places. ¹³Therefore, put on every piece of God's armor so you will be able to resist the enemy in the time of evil. Then after the battle you will still be standing firm.

Upholds us in truth (v.14)

¹⁴ Stand your ground, putting on the belt of truth...

• Protects us in righteousness (v.14)

... and the body armor of God's righteousness.

• Guides us in peace (v.15)

¹⁵ For shoes, put on the peace that comes from the Good News so that you will be fully prepared.

• Defends us in faith (v.16)
¹⁶ In addition to all of these, hold up the shield of faith to stop the fiery arrows of the devil.
• Focuses us in salvation (v.17)
¹⁷ Put on salvation as your helmet
• Arms us in The Spirit (v.17)
and take the sword of the Spirit, which is the Word of God.
¹⁸ Pray in the Spirit at all times and on every occasion. Stay alert and be persistent in prayers for all believers everywhere.
and be persistent in prayers for an benevers everywhere.
I Will Live The Mystery by
☐ Memorizing Ephesians 6:13
Developing a routine of "suiting up" every day.Praying daily for my spiritual community.
Praying daily for my spiritual community.Choosing to trust Christ for the first time.

WALK THE TALK A Growth Group Guide

- 1. What is the practical purpose for using armor? When is it necessary? Why is it important?
- 2. What do you think Paul is saying when he encourages us to put on the armor of God? What does this tell you about the spiritual warfare that we find ourselves in?
- 3. What part of the armor do you feel is the most important for your life? Why is that particular piece so crucial?
- 4. Why is it important to realize that as believers, there is a spiritual side to conflicts & opposition? What do you think is the best way to engage those situations?
- 5. Why do you think there is no mention of any protection for our back in God's Armor? What does this say about the power & strength we have through Christ? How does this illustrate the importance of community?
- 6. What do you think are some practical ways that you can use to remind yourself to be equipped with the Armor every day?
- 7. How can we make protecting & praying for our spiritual community a regular part of our routine?