

And as your servant was busy here and there, he was gone ...





- 1 Kings 20:40 ESV

Hurry Sickness: 1) a behavior pattern characterized by continual rushing and anxiousness; an overwhelming and continual sense of urgency...



...2) a malaise in which a person feels chronically short of time, and so tends to perform every task faster and to get flustered when encountering any kind of delay.



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TWOUNAVODABLE MODERN REALTIES - The Complexity of our Modern World





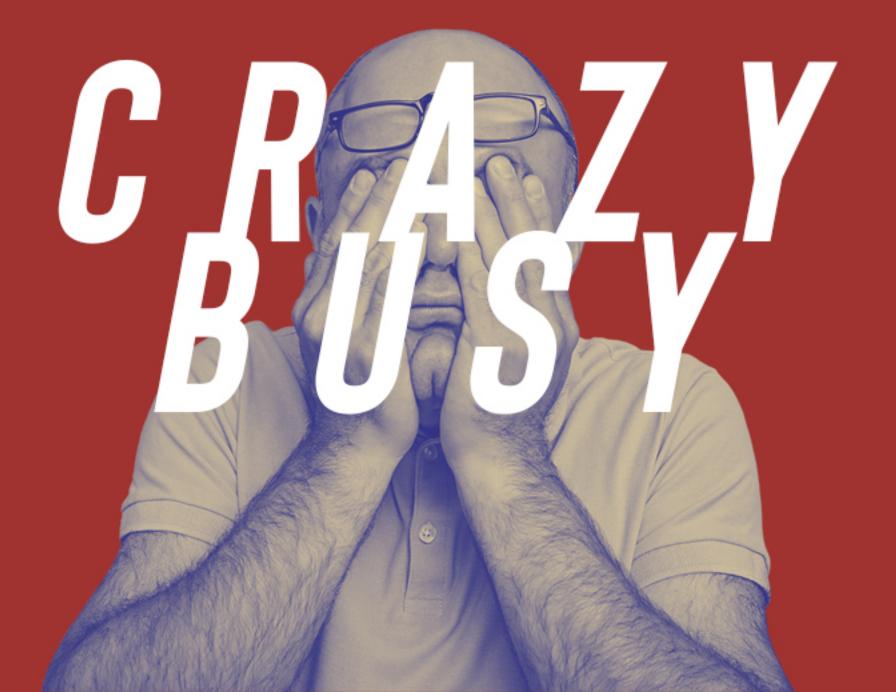
TWOUNAVODABLE MODERN REALTIES - The Complexity of our Modern World - The Opportunity of our Modern World













Rejoice in the Lord always; again I will say, rejoice.







- Philippians 4:4 ESV







These things I have spoken to you, that my joy may be in you, and that your joy may be full.

- John 15:11 ESV

You love him even though you have never seen him. Though you do not see him now, you trust him; and you rejoice with a glorious, inexpressible joy.

- 1 Peter 1:8 NLT





- Anxiety





- Anxiety - Resentment





- Anxiety - Resentment - Impatience





- Anxiety - Resentment - Impatience - Irritability





So do not worry about tomorrow; it will have enough worries of its own. There is no need to add to the troubles each day brings.



- Matthew 6:34 GNT



18 The seeds that fell among the thornbushes are also people who hear the message. 19 But they start worrying about the needs of this life...



- Mark 4:18-19 CEV

... They are fooled by the desire to get rich and to have all kinds of other things. So the message gets choked out, and they never produce anything.



- Mark 4:18-19 CEV

Why a Weekly Sabbath? Jesus: "People were not made for the good of the Sabbath. The Sabbath was made for the good of people. So the Son of Man is Lord over the Sabbath." - Mark 2:27-28 CEV

Why a Weekly Sabbath? Jesus: "On the Sabbath should we do good deeds or evil deeds? Should we save someone's life or destroy it?" - Mark 3:3 CEV

Why a Weekly Sabbath? - Rest for my Body





Why a Weekly Sabbath? - Rest for my Body - Relationships with my Friends





Why a Weekly Sabbath? - Rest for my Body - Relationships with my Friends - Reflection on my God





Why a Weekly Sabbath? - Rest for my Body - Relationships with my Friends - Reflection on my God - Renewal of my Spirit







7 "But blessed are those who trust in the Lord and have made the Lord their hope and confidence. 8 They are like trees planted along a riverbank, with roots that reach deep into the water...

- Jeremiah 17:7-10 NLT



...9 "The human heart is the most deceitful of all things, and desperately wicked. Who really knows how bad it is? 10 But I, the Lord, search all hearts and examine secret motives.

- Jeremiah 17:7-10 NLT



This is what the Sovereign Lord, and confidence is your strength.

the Holy One of Israel, says: "Only in returning to me and resting in me will you be saved. In quietness But you would have none of it. - Isaiah 30:15 NLT

The greatest danger with busyness is that there may be greater dangers you never have time to consider. - Kevin DeYoung, Crazy Busy

