



CRAZY *BUSY*

Part 1 - Busy is My Name

*And as your servant was busy here
and there, he was gone...*

- 1 Kings 20:40 ESV

Hurry Sickness: *1) a behavior pattern characterized by continual rushing and anxiousness; an overwhelming and continual sense of urgency...*



...2) a malaise in which a person feels chronically short of time, and so tends to perform every task faster and to get flustered when encountering any kind of delay.



TWO UNAVOIDABLE MODERN REALITIES



TWO UNAVOIDABLE MODERN REALITIES

- The Complexity of our Modern World



TWO UNAVOIDABLE MODERN REALITIES

- The Complexity of our Modern World
- The Opportunity of our Modern World



BUSYNESS CAN...

(The Dangers of Busyness)



A blurred, high-angle photograph of a busy city street with many pedestrians. The image is overlaid with a large white rectangular box in the center. The text '1. Ruin our Joy' is written in a dark red, serif font within this box. The word 'Joy' is underlined.

1. Ruin our Joy

***Rejoice in the Lord always;
again I will say, rejoice.***

- Philippians 4:4 ESV

Rejoice always.

- 1 Thessalonians 5:6 ESV

*These things I have spoken to you,
that my joy may be in you,
and that your joy may be full.*

- John 15:11 ESV

You love him even though you have never seen him. Though you do not see him now, you trust him; and you rejoice with a glorious, inexpressible joy.

- 1 Peter 1:8 NLT

What Frantic and Frenzied Produce



What Frantic and Frenzied Produce

- Anxiety



What Frantic and Frenzied Produce

- Anxiety

- Resentment



What Frantic and Frenzied Produce

- Anxiety
- Resentment
- Impatience



What Frantic and Frenzied Produce

- Anxiety
- Resentment
- Impatience
- Irritability



***So do not worry about tomorrow;
it will have enough worries of its own.
There is no need to add to the
troubles each day brings.***

- Matthew 6:34 GNT

A blurred crowd of people walking on a city street, overlaid with a semi-transparent white rectangle containing text. The background is a busy urban scene with many people in motion, creating a sense of a crowded public space. The overall color palette is dominated by warm, reddish-brown tones.

2. Rob our Hearts

18 *The seeds that fell among the thornbushes are also people who hear the message. 19* *But they start worrying about the needs of this life...*

- Mark 4:18-19 CEV

...They are fooled by the desire to get rich and to have all kinds of other things. So the message gets choked out, and they never produce anything.

- Mark 4:18-19 CEV

Why a Weekly Sabbath?

Jesus: "People were not made for the good of the Sabbath.

The Sabbath was made for the good of people. So the Son of Man is Lord over the Sabbath."

- Mark 2:27-28 CEV

Why a Weekly Sabbath?

Jesus: “On the Sabbath should we do good deeds or evil deeds? Should we save someone’s life or destroy it?”

- Mark 3:3 CEV

Why a Weekly Sabbath?

- Rest for my Body



Why a Weekly Sabbath?

- Rest for my Body
- Relationships with my Friends



Why a Weekly Sabbath?

- Rest for my Body
- Relationships with my Friends
- Reflection on my God



Why a Weekly Sabbath?

- Rest for my Body
- Relationships with my Friends
- Reflection on my God
- Renewal of my Spirit





**3. Cover up the
Rot in our Soul**

7 *“But blessed are those who trust in the Lord and have made the Lord their hope and confidence. 8 They are like trees planted along a riverbank, with roots that reach deep into the water...*

- Jeremiah 17:7-10 NLT

...9 “The human heart is the most deceitful of all things, and desperately wicked. Who really knows how bad it is? 10 But I, the Lord, search all hearts and examine secret motives.

- Jeremiah 17:7-10 NLT

*This is what the Sovereign Lord,
the Holy One of Israel, says:
“Only in returning to me and resting
in me will you be saved. In quietness
and confidence is your strength.
But you would have none of it.*

- Isaiah 30:15 NLT

The greatest danger with busyness is that there may be greater dangers you never have time to consider.

- Kevin DeYoung, Crazy Busy

