

Train Like a Champion

1 Timothy 4:1-16

1 Timothy 4:1-2

“The Spirit clearly says that in later times some will abandon the faith and follow deceiving spirits and things taught by demons. ² Such teachings come through hypocritical liars, whose consciences have been seared as with a hot iron.”

Peter and John also warned about this... **2 Peter 3:3**

“Above all, you must understand that in the last days scoffers will come, scoffing and following their own evil desires.

The word apostasy comes from the Greek word for depart. This defines one moving away from an original position. The enemy constantly works at perverting God’s Word.

PLEASE UNDERSTAND false teachers will teach lies under the pretense of Godliness.

What has happened to these false teachers? Again, Scripture gives us a picture. Their *“consciences have been seared as with a hot iron”*. Seared is a medical term explaining that nerves have been destroyed and scar tissue makes it impossible to feel. How does this translate to false teachers? Their consciences have been desensitized to lies and deception to the point where they can teach these things and have no effect on their conscience.

1 Timothy 4:4-5

As we spend time in prayer giving thanks for what God has provided **a transformation happens**. One becomes more aware of God, **His provision, His grace, His love, and His purpose**.

1 Timothy 4:6

- Fundamentals of the faith must be understood by all
- Scripture cannot be allowed to be compromised

1 Timothy 4:7

“⁷ Have nothing to do with godless myths and old wives’ tales; rather, train yourself to be godly.”

What does this mean to us today?

1 Timothy 4:9-10

“⁹ This is a trustworthy saying that deserves full acceptance. ¹⁰ That is why we labor and strive, because we have put our hope in the living God, who is the Savior of all people, and especially of those who believe.”

1 Timothy 4:11

- **Pursue Godliness**
- **Labor and strive to reach others**