

Series: "BAGGAGE"
Part 1: "YOUR PAST"
Crossroads Community Church
October 16, 2022

⁴ *My guilt has overwhelmed me like a burden too heavy to bear.*
Psalm 38:4 (NIV)

3 truths to know to move past your past:

1. Your biggest _____ are not too big for God's _____.

⁹ *If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.*
1 John 1:9 (NIV)

But where sin increased, grace increased all the more,
Romans 5:20b (NIV)

2. You are not what you have _____. You are who _____ says you are.

¹ *Therefore, there is now no condemnation for those who are in Christ Jesus.*
Romans 8:1 (NIV)

¹⁷ *Therefore, if anyone is in Christ, he is a new creation; the old has gone, the new has come!*
2 Corinthians 5:17 (NIV)

3. You can't change your _____, but Christ can change your _____.

¹² *Not that I have already obtained all this, or have already arrived at my goal, but I press on to take hold of that for which Christ Jesus took hold of me.* ¹³ *Brothers and sisters, I do not consider myself yet to have taken hold of it. But one thing I do: **Forgetting what is behind** and straining toward what is ahead,* ¹⁴ *I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.*

Philippians 3:12-14 (NIV)

²² *You were taught, with regard to your former way of life, to **put off your old self**, which is being corrupted by its deceitful desires;* ²³ *to be made new in the attitude of your minds;* ²⁴ *and to **put on the new self**, created to be like God in true righteousness and holiness.*
Ephesians 4:22-24 (NIV)

Questions to reflect on...

- Is there any sin from your past that you still haven't confessed to God?
- Is there any sin you are continuing to engage in that you need to drag into the light and seek help to overcome?
- Is there any person(s), past or present, from which you need to seek forgiveness?
- Is there anyone in your life that you may be hindering from getting past their past?

Sermon Notes:
