

Series: "THOUGHT LIFE"  
 Part 2: "LUST AND THE POWER OF GOD'S GRACE"  
 Crossroads Community Church  
 November 21, 2021

**Five Insights for Understanding our Lust Problem:**

*27 "You have heard that it was said, 'You shall not commit adultery.' 28 But I tell you that anyone who looks at a woman lustfully has already committed adultery with her in his heart.*  
 Matthew 5:27-28 (NIV)

1. It's a \_\_\_\_\_ issue

What does lust do for you in your heart?  
 \_\_\_\_\_

2. It's not just a problem for \_\_\_\_\_ and it's not just a problem with \_\_\_\_\_

3. \_\_\_\_\_ is not the problem

4. It's really a \_\_\_\_\_ problem

5. It will \_\_\_\_\_ you

*16 Don't you realize that you become the slave of whatever you choose to obey? You can be a slave to sin, which leads to death, or you can choose to obey God, which leads to righteous living.*

Romans 6:16 (NLT)

**God's Solution...**

1. Depend on God's \_\_\_\_\_

*8 If we claim we have no sin, we are only fooling ourselves and not living in the truth. 9 But if we confess our sins to him,*

*he is faithful and just to forgive us our sins and to cleanse us from all wickedness.*

1 John 1:8-9 (NLT)

The key to experiencing God's grace: \_\_\_\_\_

2. Embrace the \_\_\_\_\_ of sex

*24 That is why a man leaves his father and mother and is united to his wife, and they become one flesh.*

*25 Adam and his wife were both naked, and they felt no shame.*

Genesis 2:24-25 (NIV)

Lust is \_\_\_\_\_, Love is \_\_\_\_\_

3. Replace \_\_\_\_\_

*2 Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think.*

Romans 12:2 (NLT)

*11 I have stored up your word in my heart, that I might not sin against you.*

Psalms 119:11 (ESV)

**Additional Tools:**

To receive a link to 50 Scripture passages for battling lust, text VERSES to (920) 717-1715

Books for further study:

- Sex in a Broken World – Paul David Tripp
- Finally Free – Heath Lambert

**Notes:**

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