Series: "OLD SCHOOL" Part 1: "BIBLE INTAKE" Crossroads Community Church September 9, 2018

⁷ But have nothing to do with worldly fables fit only for old women. On the other hand, discipline yourself for the purpose of godliness;

1 Timothy 4:7 (NASB)

	1 Illiotity 4.7 (NASB)	
Spiritual Disciplines:		
>	The is	
>	Godliness is impossible without	
2 reasons why reading the Bible is a must 1. It helps you		
1.	it neips you	
	⁸ What is more, I consider everything a loss because of the surpassing worth of knowing Christ Jesus my Lord, for whose sake I have lost all things. I consider them garbage, that I may gain Christ ⁹ and be found in him, not having a righteousness of my own that comes from the law, but that which is through faith in Christ—the righteousness that comes from God on the basis of faith. ¹⁰ I want to know Christ—yes, to know the power of his resurrection and participation in his sufferings, becoming like him in his death Philippians 3:8-10 (NIV)	
2.	It helps you	
	²⁹ For those God foreknew he also predestined to be conformed to the image of his Son Romans 8:29a (NIV)	
	is useful for teaching, rebuking, correcting and training in righteousness 2 Timothy 3:16b (NIV)	

It's foolish to NOT read the Bible because.... 1. It's ¹⁶ All Scripture is God-breathed.... 2 Timothy 3:16a (NIV) 2. It's _____ that is _____ ¹² For the word of God is alive and active. Sharper than any doubleedged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart Hebrews 4:12 (NIV) 3. It's _____ always_____ ¹⁰ As the rain and the snow come down from heaven, and do not return to it without watering the earth and making it bud and flourish, so that it yields seed for the sower and bread for the eater, 11 so is my word that goes out from my mouth: It will not return to me empty, but will accomplish what I desire and achieve the purpose for which I sent it. Isaiah 55:10-11 (NIV) **HOW** to practice Bible intake.... ✓ Hearing ✓ Reading **✓** Studying ✓ Memorizing ²⁵ But whoever looks intently into the perfect law that gives freedom, and continues in it—not forgetting what they have heard, but doing it—they will be blessed in what they do. James 1:25 (NIV) **Sermon Notes:**

^{**} Read Spiritual Disciplines for the Christian Life – Donald S. Whitney