

1 & 2 TIMOTHY

BE A DISCIPLE | MAKE DISCIPLES

False Teaching

PASSAGES

1 Timothy 4:1-16

PREPARE (MC LEADER)

1. Before leading your group into studying the passage, take some time to study and pray through the passages yourself.
2. Consider these questions as you engage with the passages that you will discuss with your MC.
 - What do these passages tell me about discipleship?
 - What do these passages tell me about how I am to respond?
 - What do these passages confront in my thinking in regards to discipleship?
 - How might I better accept and entrust my mind, will, and emotions to these principles?

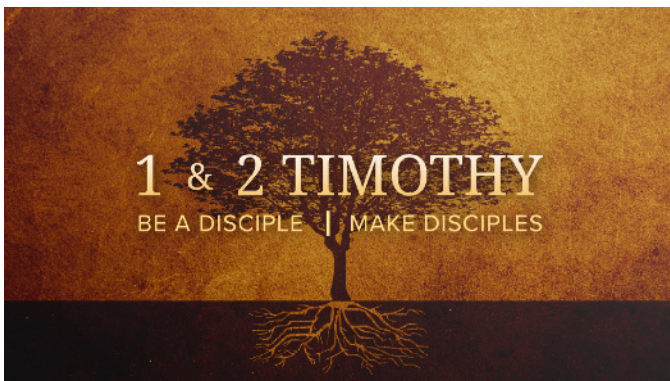
DISCUSS (GROUP)

1. Review the main principle from the central teaching. (Support with a few key verses)
2. Open up for discussion, questions, or comments about the central teaching.
3. Consider these discussion leading questions to help your MC engage with the main principles presented in the central teaching.
 - What attitudes, thoughts or teachings are challenging the authority of God in your life?
 - What are the things in your life for which you toil and strive? In what ways can you become more intentional in your training in godliness?
 - On a scale from 1 to 10 with 1 being "none" and 10 being "extremely much", what number represents the value you place on God's Word as the means for your spiritual growth, protection, preservation, etc?
 - Do you feel like your life is an example from which others can learn and follow? Are you vulnerable enough with others to open your life up for others to see? What are the next couple of steps of faith you can take to grow into becoming an example to others?

APPLY (GROUP)

1. Share your own personal reflections/convictions related to accepting these propositions about being and making disciples. In other words, as an MC leader, how are you doing at devoting yourself to preserving your MC through teaching truth and modeling?
2. Lead others in recognizing their personal struggles with considering and accepting what God is saying in regards to becoming future leaders who are equipped to lead an MC in this way. The point here is to spur on some thinking/discussion that will allow the Holy Spirit to bring about some conviction.
3. Discuss action steps that might need to be taken as individuals and as an MC. Be as practical as possible and consider ways to both encourage each other (pray, text, call, etc) and also hold each other accountable to the action steps (next week follow-up, etc).

PRESENTATION SLIDES



Colossians 1:27-29

²⁸ Him we proclaim, warning everyone and teaching everyone with all wisdom, that we may present everyone mature in Christ. ²⁹ For this I toil, struggling with all his energy that he powerfully works within me.

PRINCIPLE 1

An effective discipleship community has leaders that protect the community from any challenge to the pure gospel.

PRINCIPLE 2

An effective discipleship community has leaders who model faithfulness in the charge of reproducing gospel living in others

PRINCIPLE 3

An effective discipleship community has a culture of prayer that is boldly led by men and supportively engaged in by women

PRINCIPLE 4

An effective discipleship community is led by faithful, mature men who are able to lead others into maturity

PRINCIPLE 5

An effective discipleship community needs faithful, mature men and women who are able and willing to assist the elders in leading the church toward gospel living.

1 TIMOTHY 4:1-6

¹ Now the Spirit expressly says that in later times some will depart from the faith by devoting themselves to deceitful spirits and teachings of demons, ² through the insincerity of liars whose consciences are seared, ³ who forbid marriage and require abstinence from foods that God created to be received with thanksgiving by those who believe and know the truth. ⁴ For everything created by God is good, and nothing is to be rejected if it is received with thanksgiving, ⁵ for it is made holy by the word of God and prayer. ⁶ If you put these things before the brothers, you will be a good servant of Christ Jesus, being trained in the words of the faith and of the good doctrine that you have followed.

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Root of Opposition → Satan and his followers

Intent of Opposition → Blind unbelievers, mislead believers

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Genesis 2:22-24

²² And the...Lord God...brought her to the man. ²³ Then the man said, "...she shall be called Woman, because she was taken out of Man." ²⁴ Therefore a man shall leave his father and his mother and hold fast to his wife, and they shall become one flesh.

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Mark 7:18-19

¹⁸ And Jesus said to them, "...Do you not see that whatever goes into a person from outside cannot defile him, ¹⁹ since it enters not his heart but his stomach, and is expelled?" (Thus he declared all foods clean.)

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DISCIPLESHIP APPLICATION
demonic opposition will always attack the authority of God and His Word

1 TIMOTHY 4:7-11

MYTHS



BODILY TRAINING



VALUE ONLY IN THIS LIFE

1 TIMOTHY 4:7-11

MYTHS



BODILY TRAINING



VALUE ONLY IN THIS LIFE

WORDS OF FAITH



GODLINESS



VALUE HERE AND THERE

1 TIMOTHY 4:7-11

⁷ Have nothing to do with irreverent, silly myths. Rather train yourself for godliness; ⁸ for while bodily training is of some value, godliness is of value in every way, as it holds promise for the present life and also for the life to come. ⁹ The saying is trustworthy and deserving of full acceptance. ¹⁰ For to this end we toil and strive, because we have our hope set on the living God, who is the Savior of all people, especially of those who believe. ¹¹ Command and teach these things.

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1 TIMOTHY 4:7-11

WORDS OF FAITH



Gospel Living

Exchange lies for Truth
Learning to trust the Father
Listening to the Holy Spirit
Mind Transformation

GODLINESS



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DISCIPLESHIP APPLICATION

equipping for gospel living requires intention and has benefits in this life and the next

1 TIMOTHY 4:12-16

¹² Let no one despise you for your youth, but set the believers an example in speech, in conduct, in love, in faith, in purity. ¹³ Until I come, devote yourself to the public reading of Scripture, to exhortation, to teaching. ¹⁴ Do not neglect the gift you have, which was given you by prophecy when the council of elders laid their hands on you. ¹⁵ Practice these things, immerse yourself in them, so that all may see your progress. ¹⁶ Keep a close watch on yourself and on the teaching. Persist in this, for by so doing you will save both yourself and your hearers.

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PRINCIPLE 6

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An effective discipleship community has leaders who are devoted to preserving the community through teaching and modeling.

1. MC Leaders: Are you devoted to you MC in this way?
2. Others: Are you committed to participating regularly and deeply in your MC?
3. MC Leaders: What steps can you take to increase your devotion to your MC for their preservation?
4. Others: What steps can you take to begin the process of becoming an MC leader?

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