

Jump To Page:

Sermon Notes

Slide Deck

Prayer

All Church Prayer

Drop in any time to pray in the new year with us. December 31st
6:30-8:30pm.



Freedom Prayer

We provide a prayer opportunity for anyone who feels the need for increased freedom and personal breakthrough in their lives. You will be walked through a process of Freedom Prayer by 2 or 3 of our trained Ministry Team Members. Come with an expectant and receptive heart for the Lord to powerfully minister to you!

Learn more, or register here:

<https://harborviewfellowship.org/prayer>



Intercessory Prayer

Join us for Intercessory prayer, Tuesday nights at 6:30pm, or Thursday mornings at 6:30am.

Learn more, or register here:

<https://harborviewfellowship.org/prayer>



Re-Gen

Regen, 2nd and 4th Sundays

Re-gen, for 18 to 30s, meets here at Harborview on the second and fourth Sunday's beginning at 5:30pm.

Learn more, or register here:

<https://harborviewfellowship.org/re-gen-young-adults-ministry>



Small Groups

Small Groups

Small Groups exist to help each one of us grow up into the life of God within us.

They are a primary mechanism for shepherding through relationship + discipleship.

Learn more, or register here:

<https://harborviewfellowship.ccbchurch.com/goto/forms/368/responses>



Freedom Intensive

The Freedom Intensive Plus Winter 2026 conference will offer four training tracks: Living Set Free (LSF), Hearing God's Voice (HGV), Freedom Prayer Training (FPT), and At the Heart of Generosity (AHG).



The conference will take place on Thursday, February 5, through Saturday, February 7, 2026.

\$105* per person for Early Bird Registration by January 26, 2026 (the price is \$90* if you already own a manual).

\$135* per person for Registration after January 26, 2026 (the price will be \$120* if you own a manual).

*tax included

Have children? We have a special session of Hearing God's Voice for Harborview Families offered weekly this Winter. Details to come!

Learn more, or register here:

<https://sycamorecommission.org/events/events-at-harborview>

The Edge

Middle School Winter Retreat 2026

Come join us for intense fun at THE EDGE: Middle School Winter Retreat. This year we are heading back to Cascades Camp in Yelm!



What to Expect: Expect to encounter God through powerful worship and teaching. Expect to have a ton of fun with your friends! Expect more...

What to Bring: Bring your friends! While there are beds for each person, you will need to bring your own sleeping bag, pillow, towel, extra changes of clothes, sleeping wear, toiletries, Bible, pen journal, personal snacks, etc.

*Cost Includes Tax, Accommodations, Food, Transportation and an EDGE T-shirt

Middle School Winter Retreat at Cascades Camp in Yelm. \$225 January 23-25

\$250 after Jan 1.

Learn more, or register here:

<https://harborviewfellowship.ccbchurch.com/goto/forms/502/responses>

Wednesday Night Youth Group

The Edge Youth Group for Middle School and High School meets at Harborview Fellowship at 6:15pm every Wednesday Night.



Parking & Welcome Volunteers needed

Looking for volunteers for the High5 Welcome team.

Positions include:

- Greeters
- Parking lot attendants
- Hospitality
- Ushers
- Security

Fill out the form and let us know you are interested.

Learn more, or register here:

<https://harborviewfellowship.ccbchurch.com/goto/forms/478/responses>



Whole Church

Giving

Thank you for being a part of Harborview Fellowship Church. Your donations are used to support, grow, and advance God's kingdom through a number of ministries at Harborview Fellowship including Children and Youth ministries, Outreach, Missions, Operations, and Jesus Ministry training both locally and globally.

You can mail a check, or give online to the link below.

Harborview Fellowship
4819 Hunt Street NW
Gig Harbor, WA 98335

Learn more, or register here:

<https://harborviewfellowship.org/give>



THINKING RIGHTLY AND LIVING TRANSFORMED

Selected Scriptures

***INTRODUCTION** – Graphic Slide

Bad News

- There was COVID in the not-so-distant past. Now it's the side effects from that virus and from the treatments given to people.
- There are still uncertainties and potential for future medical mandates, at least in our state.
- There are shootings, bombings, and worse in terrorist efforts.
- There's the constant, unsettling cultural arena:
 - advocating communism over prosperity in the pursuit of happiness,
 - the tyranny of Marxism over personal freedom,
 - the threat of Islamic takeover locally and around the world,
 - the environmental idolatry over people's welfare,
 - promoting a death culture over the sanctity of life,
 - continued campaigns for transgender ideology,
 - continued infliction of body-mutilating surgeries on children,
 - stripping away parental rights in the well-being of children,
 - High inflation during 2020-2024 has moderated somewhat, yet the cost of living remains onerous for many. We wonder where it is heading.

Good News

- We're witnessing a global movement. People are increasingly hungry for what's real and true.
- In a world full of anxiety and uncertainty, people are being drawn to God and His truth.
- God's truth and message are never tiresome because their need is universal and timeless.
- Right now, numerous polls are showing that the highest level of Bible reading in recent history is occurring.
 - The Bible stands alone as the source of truth, carefully passed from generation to generation.
 - It's alive, active, and relevant to our everyday lives. Multiple recent polls reveal that millions of people are finding hope, direction, and purpose in God's Truth.
- According to YouVersion, a top-rated mobile Bible app, a scripture on God's provision, comfort, and divine protection has again become the most shared, bookmarked, and highlighted verse worldwide.

- ***The verse is Isaiah 41:10**, *"So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand."*
- YouVersion stated, "It's the fourth time in six years that the verse has been in the top spot." That, in itself, is a commentary on the state of our world.

***MAXIMIZING GOD'S TRUTH**

- In this teaching, I want to help us maximize God's truth. It is one thing to read it and another for it to transform our lives.
- It begins with God's truth; however, how we respond to God's truth is critical.

***What are You Thinking?**

- Strength and stability in life depend on the strength and stability of the mind and heart, our inner person. We are talking about transformation, not behavior modification.
- In an uncertain world, we need certainty of mind and heart.
- Satan is relentless in seeking to have his way in our lives.
 - We must vigilantly guard what we allow into our lives through our minds.

***Release Your Anxiety**

- Paul, like Isaiah, spoke to the issue of *fear* in writing to the Philippians.

***Philippians 4:6–7** (NKJV) *Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; 7 and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.*

- Don't be anxious about anything!
- Be thankful!
- Submit everything to God!
- Receive God's promise of peace!

***Think Rightly**

- Paul doesn't stop with merely releasing your anxiety – he exhorts a proactive posture.
- He addresses the content of your thinking.

***Philippians 4:8** (NKJV) *Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy—meditate on these things.*

*Quality of Thought

- Note that it is that which is *true* (honesty), *noble* (respectable, dignity), *just* (right or righteous), *pure* (wholesome), *lovely* (pleasing and delightful, beautiful), *good report* (positive vs. negative, faith-filled, 12 spies), *virtuous* (moral excellence), and *praiseworthy* (uplifting).
- Qualities listed characterize God, His truth, and His ways.

*Mode of Thought

- Note the last phrase, “meditate on these things.”
- “Meditate” derives from the root *logizomai*. It means to ponder, reflect, and reason.
- Its etymology is associated with *rumination*.
- ILLUST. *Ruminant animals, such as cows, eat a large amount of grass steadily, then lie down. Their stomachs are divided into four compartments, and the food passes from one stomach to the next as they repeatedly regurgitate and chew the grass.*

*TRANSFORMATIVE THINKING

Meditation – Thinking Rightly!

*Joshua 1:8 (NKJV) *This Book of the Law shall not depart from your mouth, but you shall **meditate** in it day and night, that you may observe to do according to all that is written in it. **For then** you will make your way prosperous, and **then** you will have good success.*

- In the text we read, we note a few things.
 1. *The Substance – God’s Word, God’s truth
 2. The Posture – Perpetual intake, delight in God’s truth
 3. The Process – Meditate,
 4. The Outcome – Obedience, spiritual strength, prosperity, success, fruitfulness, and God’s will realized.
- Joshua had received a daunting task, yet was directed to be strong and courageous.
 - *How was he to be strong and courageous (in contrast to trembling and being dismayed), as he led a ragtag group of slaves into the Promised Land filled with giants, organized armies, and fortified cities?*
- The answer is to meditate on God’s truth!

*Meditation – Spiritual Digestion

- The human digestive system is essential to our health.

- To be healthy and to flourish requires good nutrition, which entails more than merely eating.
- If the food is not digested, it is not converted into nutrients for our bodies.
- Eating disorders prevent food from being converted into nutrition for the body.
- It is the same with meditation.
- Meditation converts truth into spiritual nourishment for our spiritual lives.
- This is how we receive revelation about God, His heart, and His ways.
- This is the fuel for Holy Spirit transactions in our lives, enabling us to live out the transformed life in power.

***Meditation – Spiritual Transformation**

- Transformation is what happens to a caterpillar that becomes a butterfly or a tadpole that becomes a frog.
- It completely changes the essence of each; each becomes a different creature.
- This is what happens to us when we are in Jesus.

Romans 12:2 (NKJV) *And do not be conformed to this world, but be **transformed** by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God.*

- Meditation enables the Holy Spirit to transform your nature and soul and to lead you.

***Meditation – Spiritual Outcomes**

- Through meditation, we live in God's strength and bear the fruit of His life within us.
- That is what God said through David in Psalm 1.

Psalms 1:2–3 (NKJV) *But his delight is in the law of the LORD, and in His law he meditates day and night. 3 He shall be like a tree planted by the rivers of water, that brings forth its fruit in its season, whose leaf also shall not wither; and whatever he does shall prosper.*

***PRACTICAL APPLICATION**

Identify Particular Truth/Scripture

- Through observed need and pairing Scripture through the Holy Spirit

***Make the Truth/Scripture Memorable**

- Through memorization

- Through repeated reading/listening
- Through ongoing conversation with God and musing in the Holy Spirit

***Practical Steps in Meditation**

- Muse on it/chew on it
- Personalize it – first-person pronouns
- Pray it through in a personalized way
- Discuss it with God
- Discuss it with others
- Act on it!!

***SUMBALLOUSA**

Luke 2:19 (NKJV) But Mary **kept** all these things and **pondered** them in her heart.

***Pondered**

- **Ponder** – Grk Wd: *Sumballousa*
- *Sumballousa* Defined: to confer with oneself
- Ponder could be described as *rotating over and over again*.
- We are told in Luke 2:19 that Mary brought to her mind and rotated the words over and over in her heart that she had been told by the angel Gabriel; she meditated.

***Kept**

- **Kept** – Grk Wd: *Suntereo*
- *Suntereo* Defined: to preserve (keep from perishing or being lost); to keep within oneself, to treasure.
- Mary kept these words that came from God within her.
- So she could think on them, ponder them, rotate them over and over in her spirit and heart.
- This process allows the Holy Spirit to bring revelation, transformation, and reformation to your life.
- This process allows God to bring direction to your life.
- This process allows God to strengthen your inner person. Where you become like the strong oak like tree that does not wither in difficult times and always bears fruit.

***PRACTICE** – Proverbs 3:5-6

Proverbs 3:5–6 (NKJV) Trust in the LORD with all your heart, And lean not on your own understanding; 6 In all your ways acknowledge Him, And He shall direct your paths.



1

THINKING RIGHTLY AND LIVING TRANSFORMED



Isaiah 41:10, "So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand."

2

THINKING RIGHTLY AND LIVING TRANSFORMED



MAXIMIZING GOD'S TRUTH

What are You Thinking?

Philippians 4:6-8

Release Your Anxiety

Philippians 4:6–7 (NKJV) Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; 7 and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.

3

THINKING RIGHTLY AND LIVING TRANSFORMED



MAXIMIZING GOD'S TRUTH

What are You Thinking?

Philippians 4:6-8

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4

THINKING RIGHTLY AND LIVING TRANSFORMED



MAXIMIZING GOD'S TRUTH

What are You Thinking?

Release Your Anxiety

Think Rightly

Quality of Thought

Mode of Thought

Philippians 4:6-8

5

THINKING RIGHTLY AND LIVING TRANSFORMED



MAXIMIZING GOD'S TRUTH

TRANSFORMATIVE THINKING

Meditation – Thinking Rightly!

Joshua 1:8 (NKJV) This Book of the Law shall not depart from your mouth, but you shall meditate in it day and night, that you may observe to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success.

6

THINKING RIGHTLY AND LIVING TRANSFORMED



1. Substance – *God's Word, God's truth*
2. Posture – *Perpetual intake, delight in God's truth*
3. Process – *Meditate*
4. Outcome – *Obedience, spiritual strength, prosperity, success, fruitfulness, and God's will realized*

7

MAXIMIZING GOD'S TRUTH TRANSFORMATIVE THINKING

Meditation – Thinking Rightly!
Meditation – Spiritual Digestion



8

MAXIMIZING GOD'S TRUTH TRANSFORMATIVE THINKING



- Meditation – Thinking Rightly!
- Meditation – Spiritual Digestion
- Meditation – Spiritual Transformation

Romans 12:2 (NKJV) And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God.

9

TRANSFORMATIVE THINKING



- Meditation – Thinking Rightly!
- Meditation – Spiritual Digestion
- Meditation – Spiritual Transformation
- Meditation – Spiritual Outcomes

Psalm 1:2–3 (NKJV) But his delight is in the law of the LORD, and in His law he meditates day and night. 3 He shall be like a tree planted by the rivers of water, that brings forth its fruit in its season, whose leaf also shall not wither; and whatever he does shall prosper.

10

MAXIMIZING GOD'S TRUTH
TRANSFORMATIVE THINKING
PRACTICAL APPLICATION
Identify Particular Truth/Scripture



11

MAXIMIZING GOD'S TRUTH
TRANSFORMATIVE THINKING
PRACTICAL APPLICATION
Identify Particular Truth/Scripture
Make the Truth/Scripture Memorable
Practical Steps in Meditation



12

MAXIMIZING GOD'S TRUTH
TRANSFORMATIVE THINKING
PRACTICAL APPLICATION
SUMBALLOUSA



Luke 2:19 (NKJV) But Mary kept all these things and pondered them in her heart.

13

MAXIMIZING GOD'S TRUTH
TRANSFORMATIVE THINKING
PRACTICAL APPLICATION
SUMBALLOUSA



Pondered

- Ponder – Grk Wd: *Sumballosa*

Luke 2:19 (NKJV) But Mary kept all these things and pondered them in her heart.

14

MAXIMIZING GOD'S TRUTH
TRANSFORMATIVE THINKING
PRACTICAL APPLICATION
SUMBALLOUSA



Pondered
Kept

- Kept – Grk Wd: *Suntereo*

Luke 2:19 (NKJV) But Mary kept all these things and pondered them in her heart.

15

PRACTICE



Proverbs 3:5–6 (NKJV) Trust in the LORD with all your heart, and lean not on your own understanding; 6 In all your ways acknowledge Him, and He shall direct your paths.

16