

CAVEMAN THEOLOGY - Part 3

PSALMS 57 — Trusting God in the Cave

Part 1 - God is in your Caves

Part 2 - The Purpose of Caves

Today — Part 3 - Trusting God in the Cave

Next Week — Finding Victory in YOUR Cave

1 SAMUEL 22:1

David left Gath and escaped to the cave of Adullam

Caves represent the dark seasons where seeing God and hope are difficult in our current circumstances.

Psalms 57:5

Be exalted, O God, above the heavens;
let your glory be over all the earth.

Psalm 57:11

Be exalted, O God, above the heavens;
let your glory be over all the earth.

1 Cor 10:31

“Whether, then, you eat or drink or whatever you do, do all to the glory of God”

HOW DO WE GLORIFY GOD IN OUR CAVES?

I. GOD IS GLORIFIED AS WE TRUST HIM IN OUR CAVE SEASONS (57:1–6)

A. TRUST INVOLVES RELYING UPON GOD ALONE (57:1)

Psalms 57:1

Have mercy on me, my God, have mercy on me,
for in you I take refuge.
I will take refuge in the shadow of your wings
until the disaster has passed.

Relying upon God alone means that we consciously do not rely upon two things:

(1) **We do not rely on human merit.**

(2) **We do not rely on human means.**

B. TRUST INVOLVES GOING TO GOD IN PRAYER (57:1-2).

Psalms 57:1-2

Have mercy on me, my God, have mercy on me,
for in you I take refuge.

I will take refuge in the shadow of your wings
until the disaster has passed.

I cry out to God Most High,
to God, who vindicates me.

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to God, who vindicates me.

C. TRUST INVOLVES SEEING GOD AS GREATER THAN THE PROBLEMS OF MY CAVES (57:4-6).

Psalms 57:4-6

I am in the midst of lions;
I am forced to dwell among ravenous beasts—
men whose teeth are spears and arrows,
whose tongues are sharp swords.

**Be exalted, O God, above the heavens;
let your glory be over all the earth.**

They spread a net for my feet—
I was bowed down in distress.
They dug a pit in my path—
but they have fallen into it themselves.

II. GOD IS GLORIFIED AS WE PRAISE HIM IN OUR CAVE SEASONS (57:7-11).

A. PRAISE IS A MATTER OF DELIBERATE FOCUS (57:7-9).

Psalms 57:7-9

My heart, O God, is steadfast,
my heart is steadfast;
I will sing and make music.
Awake, my soul!
Awake, harp and lyre!
I will awaken the dawn.
I will praise you, Lord, among the nations;
I will sing of you among the peoples.

B. PRAISE IS A MATTER OF TESTIFYING TO OTHERS OF GOD'S GOODNESS (57:9-10).

Psalms 57:9-10

I will praise you, Lord, among the nations;
I will sing of you among the peoples.
For great is your love, reaching to the heavens;
your faithfulness reaches to the skies.
Be exalted, O God, above the heavens;
let your glory be over all the earth.

vs. 3

He sends from heaven and saves me,
rebuking those who hotly pursue me—
God sends forth his love and his faithfulness.