

## Secrets–Part 4 Sexual Secrets

*He who conceals his sins does not prosper, but whoever confesses and renounces them finds mercy. Prov 28:13*

### Porn Stats

- **Porn revenue is larger than all the revenues for ABC, NBC, and CBS combined.**
- **90% of 8-16 year olds have viewed porn online.**
- **33% of visitors to adult web sites are women.**
- **Adult bookstores outnumber McDonald's restaurants in the U.S. by a margin of at least 3-1.**

*When tempted, no one should say, "God is tempting me." For God cannot be tempted by evil, nor does he tempt anyone; 14 but each one is tempted when, by his own evil desire, he is dragged away and enticed. 15 Then, after desire has conceived, it gives birth to sin; and sin, when it is full-grown, gives birth to death. James 1:13-15*

**deleazo (del-eh-ad'-zo); to entrap, allure, entice, hook.**

### THE HOOK – four stages

- **YOU'RE EXPOSED TO SEXUAL IMPURITY.**
- **YOU SUSTAIN A MENTAL INJURY.**
- **YOU BECOME SEXUALLY CONFUSED.**
- **YOU EXPERIENCE PERIODS OF SEXUAL SOBRIETY FOLLOWED BY SEXUAL BINGES.**

## PROTECTING THE WOUND

### 1) BOUNCE YOUR EYES.

... 'Do not commit adultery.' But I tell you that anyone who looks at a woman lustfully has already committed adultery with her in his heart. If your right eye causes you to sin, gouge it out and throw it away...

Matt 5:27-29a

*I made a covenant with my eyes not to look lustfully at a girl.* Job 31:1

### 2) CAPTURE SINFUL THOUGHTS.

...we take captive every thought to make it obedient to Christ.

2 Cor 10:4-5

...whatever is true... noble...right...pure...lovely...admirable - if anything is excellent or praiseworthy-think about such things.

(Phil 4:8)

### 3) RUN FOR YOUR LIFE.

Keep to a path far from her, do not go near the door of her house...

Prov 5:8

Flee from sexual immorality... 1 Cor 6:18

**pheugo (fyoo'-go); to run away, to shun, to vanish, to escape.**

**Practical ways to flee:**

- **Destroy your stash.**
- **Ensure accountability when traveling.**
- **Protect your Internet usage.**
- **Avoid all dangerous places.**
  
- **AS YOU PROTECT THE WOUND FROM FURTHER INJURY, GOD WILL HEAL YOUR MIND.**

Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Rom 12:2

**metamorphoo (met-am-or-fo'-o); to transform, to change.**

GOD will change you. YOU must confess.