

Travel Light

Part 1: Letting Go of Stuff

Key thought: it's better to have less of what doesn't matter and more of what does matter.

Our world is always telling us, "What you don't have is exactly what you need!"

(Ecclesiastes 4:6)

Better one handful with tranquility than two handfuls with toil and chasing after the wind.

(Luke 12:15)

"Watch out! Be on your guard against all kinds of greed; life does not consist in an abundance of possessions."

Three thoughts about one-handful living:

1. Throw Out

Two reasons we don't throw it out:

- **Fear**
- **Sentiment**

2. Buy Less

(Psalm 119:36-37)

Cause my heart to bow before your words of wisdom and not to the wealth of this world. Help me turn my eyes away from illusions so that I pursue only that which is true.

3. Give more

(1 Timothy 6:17-19)

Command those who are rich in this present world not to be arrogant nor to put their hope in wealth, which is so uncertain, but to put their hope in God, who richly

provides us with everything for our enjoyment. Command them to do good, to be rich in good deeds, and to be generous and willing to share. In this way they will lay up treasure for themselves as a firm foundation for the coming age, so that they may take hold of the life that is truly life.