

## MY SECRET—3 SECRET SHAME

*He who conceals his sins does not prosper, but whoever confesses and renounces them finds mercy. Proverbs 28:13*

### THE BEGINNING OF SHAME

*The man and his wife were both naked, and they felt no shame. Genesis 2:25*

*Then the eyes of both of them were opened, and they realized they were naked; so they sewed fig leaves together and made coverings for themselves. 8 Then the man and his wife heard the sound of the LORD God as he was walking in the garden in the cool of the day, and they hid from the LORD.... Genesis 3:7-8*

Big Question today is: **WHAT ARE YOU ASHAMED OF?**

### SATAN'S SHAMEFUL CYCLE

1. **YOU EXPERIENCE SOMETHING DEEPLY PAINFUL.**
2. **YOU CONNECT WHAT HAPPENED WITH WHO YOU ARE.**
3. **YOU BECOME A PRISONER TORMENTED BY YOUR PAST.**

**JUDAS:** See Matthew 27:3-5 (add NIV for screens)

**PETER:** See Matthew 26:75 (Add NIV for screens)

*For though we live in the world, we do not wage war as the world does. The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. 2 Corinthians 10:3-4*

***ochuroma*** (okh-oo'-ro-mah); to fortify, a prisoner locked by deception.

*We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ. 2 Corinthians 10:5*

### BREAKING FREE FROM SHAME

1. **YOU CAN'T CHANGE THE PAST.**

*"While the child was still alive, I fasted and wept. I thought, 'Who knows? The LORD may be gracious to me and let the child live.' But now that he is dead, why should I fast? Can I bring him back again?' 2 Samuel 12:22-23*

2. **CHRIST CAN CHANGE YOUR FUTURE.**

*And we know that in all things God works for the good of those who love him, who have been called according to his purpose. Romans 8:28*

*"Yet if you devote your heart to (God) and stretch out your hands to him, if you put away the sin that is in your hand and allow no evil to dwell in your tent, then you will lift up*

*your face without shame; you will stand firm and without fear. You will surely forget your trouble, recalling it only as waters gone by... Job 11:13-16*