

HOW TO KEEP YOUR HEART HAPPY

The Habits of Happiness (Philippians) - Part 4

Series Text - Philippians 2:12-13

"You must continue to work out your salvation with fear and trembling, for it is God who works in you both to will and to act according to his good purpose." Philippians 2:12-18

"It's by God's grace that you're saved, through faith--and even the faith is not of yourselves; it is the gift of God, not of works, so no one could boast." Ephesians 2:8-9

We're to work out what God works in.

5 HABITS TO KEEP YOUR HEART HAPPY!

1. REMEMBER GOD IS WITH ME, IN ME, & FOR ME!

"For God is always working IN YOU, giving you both the desire to obey him and the power to do what pleases him."

Philippians 2:13 (NIV)

Jesus: "I will not leave you as orphans; I will be WITH YOU...and you will realize that...you are in me, and I am in you!"

John 14:18-20 (NIV)

"If God is FOR US, who can defeat us?" Romans 8:31 (NCV)

2. BE GRATEFUL AND NEVER GRUMBLE!

"Do EVERYTHING without complaining or arguing, so that no one can speak a word of blame against you." Philippians 2:14-15a

TYPES OF COMPLAINERS YOU KNOW:

1. WHINERS
2. MARTYRS
3. CYNICS
4. PERFECTIONISTS

"In EVERYTHING give thanks: for this is God's Will for you **in** Christ Jesus."

1 Thessalonians 5:18

3. KEEP MY CONSCIENCE CLEAR!

"You are to live clean and pure lives as children of God in a broken and corrupted generation. You are to shine like stars, lighting up a dark world!"

Philippians 2:15

"Happy are those who live pure lives, who follow the Lord's teaching, keep his rules, and try to obey him with their whole hearts." Psalm 119:1-2

"HAPPY are those who live pure lives, who follow the Lord's teaching, keep his rules, and who try to obey him with their whole heart."

Psalm 119:1-2 (NCV)

"What happiness for those whose guilt has been forgiven! What joys when sins are covered over! What relief for those who have confessed their sins and God has cleared their record!" Psalm 32:1-2 (LB)

4. MEMORIZE GOD'S WORD AND LIVE IT!

"Hold tightly to the Word of Life..." Philippians 2:16

6 WAYS TO GET A GRASP ON THE WORD OF GOD:

1. HEAR IT
2. READ IT
3. STUDY IT
4. MEMORIZE IT
5. MEDITATE ON IT
6. APPLY IT

"Your principles make me HAPPY, so I NEVER FORGET your Word."

Psalm 119:16 (GW)

“Lead me in the path of your commands, because that is where my happiness is found.” Psalm 119:35 (NLT)

5. USE MY LIFE TO SERVE GOD BY SERVING OTHERS!

“Your faith makes you offer your lives as a sacrifice in serving God. If I have to offer my own blood as a sacrifice, I will be happy and full of joy. And you should be happy and full of joy with me too!” Philippians 2:17-18 (NCV)