

# From This Day Forward

## Part 2: Fight Fair

Lamentations 3:19-23

I remember my affliction and my wandering, the bitterness and the gall. I well remember them, and my soul is downcast within me. Yet this I call to mind and therefore I have hope: Because of the LORD's great love we are not consumed, for his compassions never fail. They are new every morning; great is your faithfulness.

1. Seek God
2. Fight Fair
3. Have Fun
4. Stay Pure
5. Never Give Up

For this reason a man will leave his father and mother and be united to his wife, and they will become one flesh.

(Genesis 2:24)

How good and pleasant it is when brothers live together in unity...It is as if the dew were falling on Mt. Zion. For there the Lord bestows his blessing, even life forevermore.

(Psalm 133:1, 3)

### **OFTEN WHEN WE FIGHT...**

1. We are fighting the wrong enemy.
2. We are driven by wrong motives.
3. We are using wrong tactics.

### **TRUTHS FOR FIGHTING FAIR**

My dear brothers, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry, for man's anger does not bring about the righteous life that God desires.

(James 1:19-20)

### **1. Stop and listen carefully.**

"...quick to listen"

(Proverbs 18:2 NLT)

Fools have no interest in understanding: they only want to air their own opinions.

### **2. Guard my words vigilantly.**

"...slow to speak"

(Proverbs 21:23 NLT)

Watch your tongue and keep your mouth shut, and you will stay out of trouble.

### **3. Manage my anger righteously.**

"...slow to become angry"

In your anger do not sin: Do not let the sun go down while you are angry, and do not give the devil a foothold.

(Ephesians 4:26-27)

### **THE GOAL FROM THIS DAY FORWARD:**

In times of conflict, I will fight for unity, not for personal victory.