

Small Group Discussion Questions: “179 Degree Christian”

- Happy and Crappy (aka Highs and Lows)

Icebreaker (to warm up)

1. If you had to choose — would you rather be almost on time or almost right? Why?
2. Share a funny story where you were almost there but didn't quite make it (sports, school, video game, etc.).

Digging Deeper (Bible-focused)

3. Read Luke 9:23. What do you think it really means to “take up your cross daily”?
4. Read 1 John 2:15. Why does God warn us not to “love the world”? What are some examples of “the world” that teenagers today are tempted to love?
5. The rich young ruler in Matthew 19 was only “one degree away” from following Jesus fully. What was the thing holding him back?

Personal Reflection (heart questions)

6. If being a Christian is like turning 180 degrees, what degree do you think you're at right now — 90, 120, 150, 179? Why?
7. What's the “last degree” in your life — the hardest thing for you to give up or surrender to Jesus?
8. What makes it scary or difficult to go all in with God?

Application (living it out)

9. How can the Jesus help us give up the things we can't let go of on our own?
10. What's one practical step you could take this week to "turn that last degree" toward Jesus? (Examples: deleting an app, ending a toxic friendship, starting a daily prayer time, etc.)
11. How can we encourage each other as a group to live fully surrendered to Christ?

Closing (commitment)

12. If you're brave enough, share one thing you want to pray about that's keeping you from going all in.
13. As a group, pray for each other — that God would give strength to fully surrender and not stop at 179.