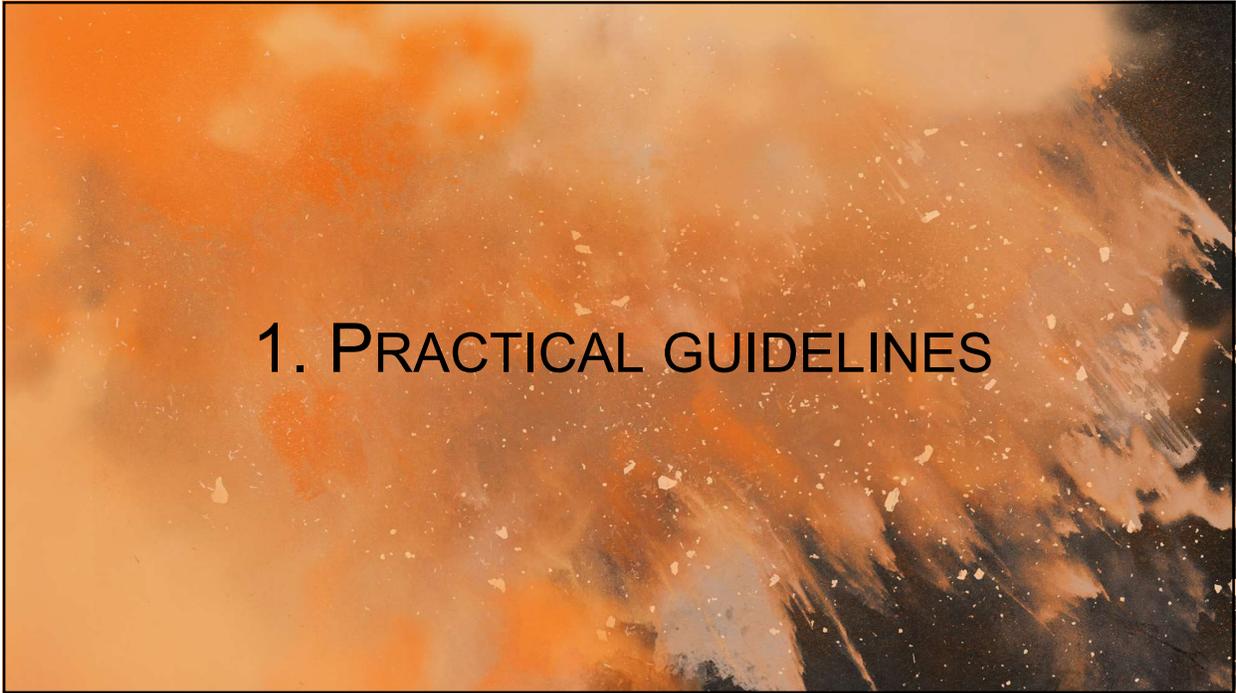




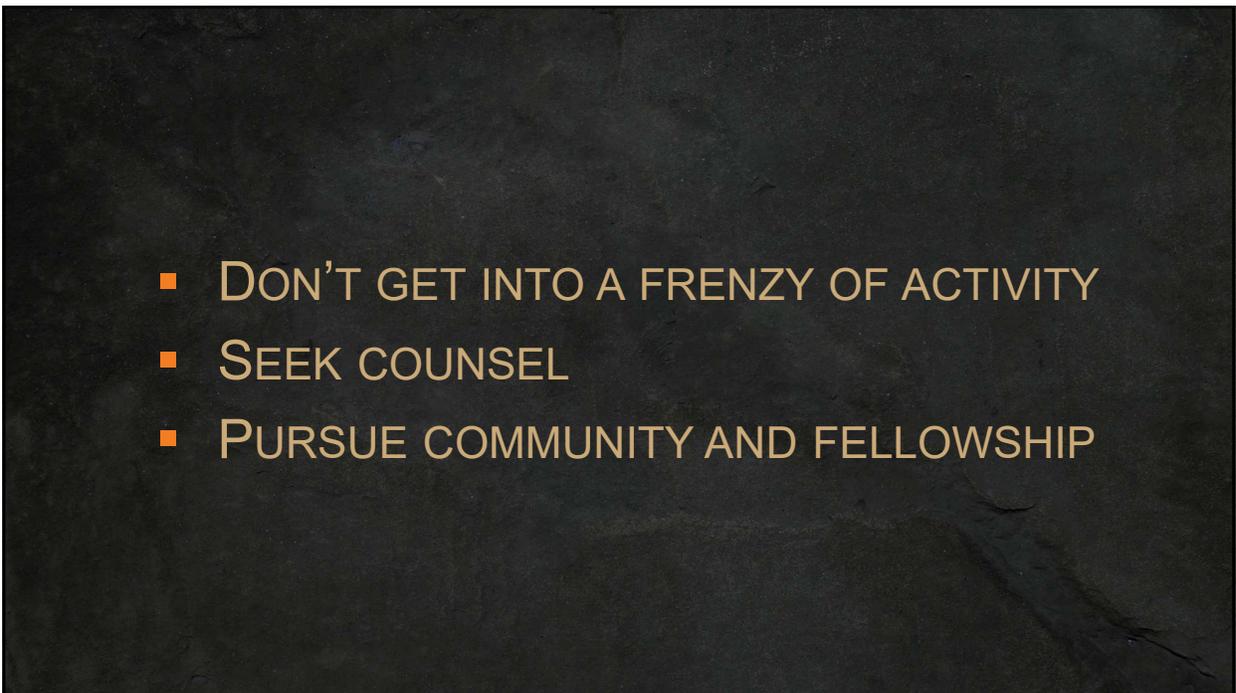
1

Proverbs 3:19–26 (NKJV) ¹⁹The LORD by wisdom founded the earth; By understanding He established the heavens; ²⁰By His knowledge the depths were broken up, And clouds drop down the dew. ²¹My son, let them not depart from your eyes - Keep sound wisdom and discretion; ²²So they will be life to your soul And grace to your neck. ²³Then you will walk safely in your way, And your foot will not stumble. ²⁴When you lie down, you will not be afraid; Yes, you will lie down, and your sleep will be sweet. ²⁵**Do not be afraid of sudden terror**, Nor of trouble from the wicked when it comes; ²⁶For the LORD will be your confidence and will keep your foot from being caught.

2

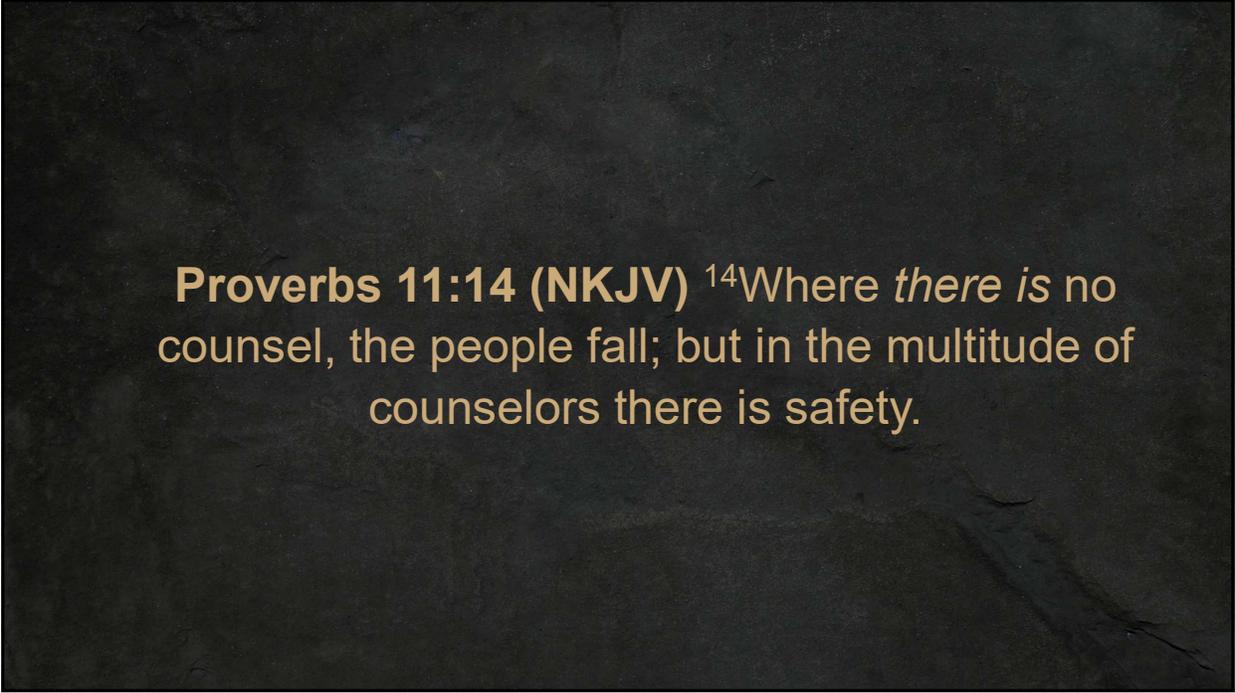


3



- DON'T GET INTO A FRENZY OF ACTIVITY
- SEEK COUNSEL
- PURSUE COMMUNITY AND FELLOWSHIP

4



Proverbs 11:14 (NKJV) ¹⁴Where *there is* no counsel, the people fall; but in the multitude of counselors there is safety.

5



2. FOCUS ON HIS ATTRIBUTES

6

Proverbs 3:19–26 (NKJV) ¹⁹The LORD by wisdom founded the earth; By understanding He established the heavens; ²⁰By His knowledge the depths were broken up, And clouds drop down the dew. ²¹My son, let **them** not depart from your eyes - Keep sound wisdom and discretion; ²²So they will be life to your soul And grace to your neck. ²³Then you will walk safely in your way, And your foot will not stumble. ²⁴When you lie down, you will not be afraid; Yes, you will lie down, and your sleep will be sweet. ²⁵Do not be afraid of sudden terror, Nor of trouble from the wicked when it comes; ²⁶For the LORD will be your confidence and will keep your foot from being caught.

7



3. LIFE AND GRACE

8

**Proverbs 3:22 (NKJV) ...²²So they will be life
to your soul And grace to your neck.**