

**1 SAMUEL 30:1–6 (NLT)** Three days later, when David and his men arrived home at their town of Ziklag, they found that the Amalekites had made a raid into the Negev and Ziklag; they had crushed Ziklag and burned it to the ground. <sup>2</sup> They had carried off the women and children and everyone else but without killing anyone. <sup>3</sup> When David and his men saw the ruins and realized what had happened to their families,

1

**1 SAMUEL 30:1–6 (NLT)** <sup>4</sup> they wept until they could weep no more. <sup>5</sup> David's two wives, Ahinoam from Jezreel and Abigail, the widow of Nabal from Carmel, were among those captured. <sup>6</sup> David was now in great danger because all his men were very bitter about losing their sons and daughters, and they began to talk of stoning him. **But David strengthened himself in the Lord his God.**

2





3



4



**PSALM 34:1-4 NKJV** “I will bless the Lord at all times; His praise shall continually be in my mouth. My soul shall make its boast in the Lord; the humble shall hear of it and be glad. Oh, magnify the Lord with me, and let us exalt His name together. I sought the Lord, and He heard me, and delivered me from all my fears.”

5

## 2. RECOVERY OF JOY

*ENCOURAGE  
YOURSELF*

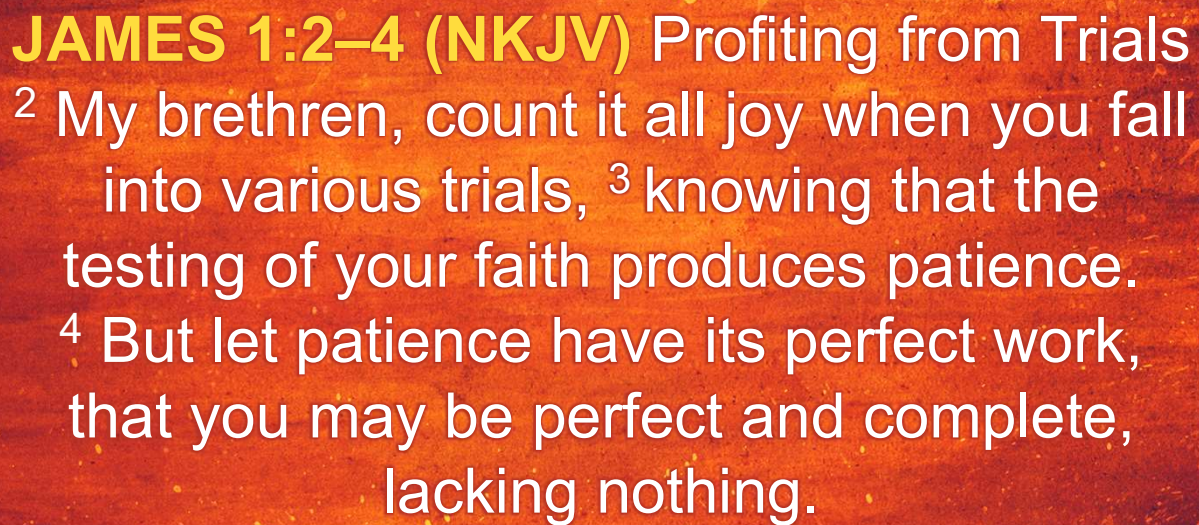
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**NEHEMIAH 8:10** ...the joy of the  
Lord is your strength.

7



**JAMES 1:2–4 (NKJV)** Profiting from Trials  
<sup>2</sup> My brethren, count it all joy when you fall  
into various trials, <sup>3</sup> knowing that the  
testing of your faith produces patience.  
<sup>4</sup> But let patience have its perfect work,  
that you may be perfect and complete,  
lacking nothing.

8



**HEBREWS 12:1–3** Therefore, since we have so great a cloud of witnesses surrounding us, let us also lay aside every encumbrance and the sin which so easily entangles us, and let us run with endurance the race that is set before us, fixing our eyes on Jesus, the author and perfecter of faith, who for the joy set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God. For consider Him who has endured such hostility by sinners against Himself, so that you will not grow weary and lose heart.

9

**II CHRONICLES 20:12** O our God, will You not judge them? For we have no power against this great multitude that is coming against us; nor do we know what to do, but our eyes are upon You.

10



