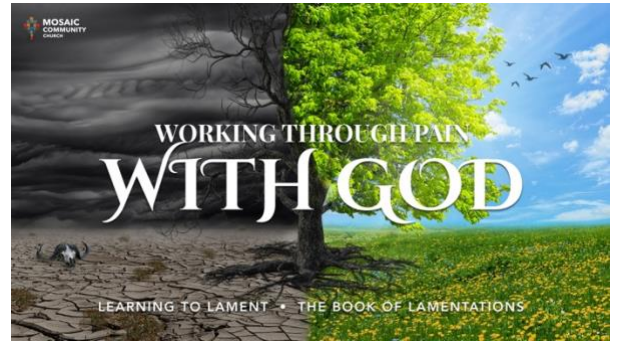


Part 6: Tears to Confidence

Lamentations 3:48-66



1. Why does the Bible call us to weep with those who weep instead of judging whether a person should be weeping? _____

2. Read **Lamentations 3:22-24**. What does this key passage in the book of Lamentations tell us about God's personal care for us? _____

3. Read **Lamentations 3:48-49**.
 - a. What is the destruction that Jeremiah is crying over? _____

 - b. Why do you think God designed us with the ability to cry and shed tears? _____

 - c. How should we respond when we see someone crying? _____

 - d. What sin, big or small, do you need to bring to God right now to experience revival? _____

4. Read **Lamentations 3:50**.
 - a. Why is it important for Jeremiah to have the LORD look down and see? _____

 - b. In what ways are you seeking to be perfectly known and cared for from people when God is the only One that can perfectly understand and care for you? _____

5. Read **Lamentations 3:51-54**.
 - a. Jeremiah is grieving the fate of his people and his own fate. Why is it important to express your feelings with detail as well as your doubts to God like Jeremiah does? _____

- b. Expressing our real, raw, honest feelings and doubts to God is only a part of lamenting. Where are you supposed to go from there? _____
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6. Read **Lamentations 3:55-61**.

- a. In these verses, what does Jeremiah turn his attention to in his lament with God? _____
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- b. Take a moment and assess how you lament in your prayer life.
- i. Are you praying to Him and expressing your raw feelings about your struggle? _____
 - ii. Are you inviting Him into that particular area? _____
 - iii. Are you placing your faith in what is TRUE about God in your prayer? _____
 - iv. Are you crying out for His help? _____
- c. Which of the above do you need to grow in to improve how you work through your pain WITH God? _____
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7. Read **Lamentations 3:62-66**.

- a. What do these verses say about the burden we are not supposed to carry? _____
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8. Read **Romans 12:19-21**.

- a. What situations are tempting you to take revenge? _____
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- b. If you are tempted, stop, confess it, and release it to God right now. _____
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9. The reason lament turns our tears to confidence in God's personal care is because it leads us deeper and deeper into the Gospel – the good news about Jesus Christ.

- a. In what ways does Jesus point me to God's personal care for me? _____
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10. **LAMENT TURNS TEARS TO CONFIDENCE IN GOD'S PERSONAL CARE.** What is your main take away from this lesson and how will you apply it? _____
