



Freedom to Grieve Well

Text: Romans 12:15

1. Fill out the blanks from the main point – I am certain I _____ grieve _____
when I _____ in Jesus.

2. Read **Romans 12:15**. What does it mean to “weep with those who weep”? _____

a. Why do we know that grieving over loss is *not* a sign of sin or spiritual immaturity? _____

b. How do we determine when to weep with others and when not to? Give examples. _____

c. Why is it important to understand **Romans 12:15** is a command? _____

d. How do grieving people benefit when we grieve with them? _____

e. Why is “being” with people (sticking around) and patiently “listening” to them critical here?

f. Do you find grieving with others easy or hard? Why? _____

3. Why is it critical to recognize it's natural (not sinful, not wrong) to grieve over loss in our fallen world?

a. Have you been shamed by other Christians for grieving over something good you lost? Explain.

b. Describe a time when someone entered into your grieving with you. How were you impacted?

c. Describe a time when you entered into the grieving process with another. How were you blessed in the process? _____

4. What will you do to grow in your obedience to **Romans 12:15**? _____

5. How does the gospel keep our grief in perspective (function like a lasso)? Read **2 Corinthians 6:10, John 16:20, 1 Thessalonians 4:13, 1 Thessalonians 5:16-18**. _____

6. What is your main take away from this teaching? _____
