



Part 2: Prepared by Prayer

Luke 22:39-46

1. Fill in the blanks. Spiritual Principle – Prayer _____ me for my _____ .

a. Why is it critical to realize that trials are a part of life in a sin-twisted world?

b. Why is it wise to prepare *today* for *tomorrow's* trials?

2. Read Luke 22:39-46. What did Jesus tell His disciples shortly *before* these events (Luke 22:14-23)?

a. What is about to happen *after* these events?

b. Elaborate on why the disciples are all heading into a *major* trial.

3. Read Luke 22:39-41. What do we see Jesus prioritizing for Himself and His disciples?

a. Why is this?

b. Why is it critical to see that prayer is never optional; it's always necessary?

c. Why do you think Jesus knelt down when He prayed?

d. In what ways have you changed your posture while praying? How has it impacted your prayer time?

4. Read Luke 22:42-44. How do we see deep respect and trust in God modeled by Jesus here?

a. What supernatural occurrence happens as Jesus is praying?

b. What does Hebrews 1:14 reveal?

c. How does this supernatural occurrence with Jesus encourage you to pray more?

d. Even though Jesus is supernaturally strengthened – what does He continue to do? Why?

e. In v. 44, notice how the Bible highlights that Jesus not only prayed, but that He prayed “earnestly.” Consider Hebrews 5:7. What does it mean to pray earnestly? Why is this important to apply to your own prayer life?

5. Read Luke 22:45-46. What unique *temptations* have you experienced during your hardest trials?

a. Why must prayer be prioritized over sleep at times?

6. Write down what your prayer life looks like on a weekly basis. When do you pray, and how long do you pray? Consider both scheduled times and spontaneous times.

a. What next steps can you take to grow in your prayer life so that you’ll be more prepared for your next trial?
