



Part 1: The Discipline of Scripture

2 Timothy 3:16-17

1. As we trust God for what's ahead in 2021, we are starting this series on 6 Spiritual Disciplines (scripture, prayer, fasting, community, serving, and evangelism). Read **1 Timothy 4:7-8**. This is the theme verse for the series. What does it say about the value of training for godliness? _____

2. In the sermon, we were encouraged to think about how just as cars have gas tanks that can run down to empty and fail to reach their destinations, we have spiritual tanks that can do the same causing us to not reach our spiritual destinations. How can you use this analogy to help you think about your need for the spiritual disciplines? _____

3. These are called disciplines because it takes work, effort, focus, and planning to fill your spiritual tank. We have to say no to 1,000 things to say yes to these six things. What things might you have to say no to in order to make space for these spiritual disciplines? _____

4. Scripture is the very writings of God. One author, God, used 40 unique people on three different continents using three different languages over 1,500 years to write 66 books that all make up ONE SINGLE message from the front cover to the back. What does **2 Peter 1:20-21** say about how this happened? _____

5. Read **2 Timothy 3:16-17**.
 - a. This passage says that Scripture is good for teaching, reproof (rebuking), correction (restoration), training in righteousness, and equipping for every good work. Give examples of how Scripture does this. _____

6. In the sermon, we learned that the Bible also contains the power to do what it says. This power is known as faith, which comes from opening your heart to what the Bible says. Describe how open you are to God's Word. _____

7. We don't obey the Bible in order to be accepted by God, we obey because we are already accepted by God through faith in Jesus. Why is it important to understand this correctly? _____

8. The entire Bible all centers on Jesus Christ: who He is, what He's accomplished for us, and how we should respond. It is not a book about good advice, it is a book about the Good News of Jesus Christ.

a. How might we respond differently to the Bible if we believed it was a book about Good News and not about good advice? _____

9. As you look ahead to 2021, you need to prioritize the DISCIPLINE OF SCRIPTURE. You often will not feel like it so accept that and keep immersing yourself in the Word. Below are 5 practical pieces of advice on how to do that. Write down how, in 2021, you will use each one in the space provided:

a. **CONSISTENCY** – Make reading your Bible a daily discipline, pick a time of day, a place, and have a plan. Consider using the ESV Study Bible and consider a Bible reading plan (get one at the Information Booth) _____

b. **MEMORIZE** – As you read your Bible, write down verses that uniquely impact you and commit them to memory. Try one verse a month or one per week. With a little more effort, you can consider memorizing Psalm 23 or Romans 12. Use the Bible Memory App to help you. _____

c. **MEDITATE** - Meditating is taking verses you've memorized and thinking about them over and over throughout the day to make you more and more spiritually healthy. You might choose 1 verse per day from your Bible reading time to write down and just keep looking at it throughout the day. _____

d. **APPLY** - Every single time you read the Bible, you memorize a verse, you meditate on a verse – you should look to have it change your thinking, change your way of living, seek to live it out. Ask yourself, "God – how should my life be different as a result of what I'm reading?" _____

e. **SHARE** - Look for ways to humbly share with others what God has been teaching you from the Scriptures. _____
