

# The Role of a Woman

Genesis 2:20; Ephesians 5:22-24

singleness

February 8, 2026

## DAY 1: CREATED AS HELPER—A DIVINE ROLE

### READING: GENESIS 2:18-25

When God declared it was "not good" for man to be alone, He created woman as a helper—using the same Hebrew word used to describe God Himself 16 times in Scripture. This is not a position of inferiority but of divine partnership. Woman were created from Adam's side, not his feet to be trampled or his head to rule over him, but beside him as an equal image-bearer of God. A woman's role as helper supplies what a man lacks, just as a man supplies what a woman lack's. The world may try to define your worth through appearance, accomplishments, or status, but God has already declared your value: you reflect His image and carry His helper-heart.

Today, rest in knowing your role, men and women, is powerful, purposeful, and patterned after God Himself.

## DAY 2: MUTUAL SUBMISSION—THE FOUNDATION OF CHRISTIAN MARRIAGE

### READING: EPHESIANS 5:21-24

Before Paul addresses wives and husbands separately, he establishes the foundation: "submitting to one another out of reverence for Christ." This mutual submission transforms marriage from a power struggle into a partnership rooted in Christ's love. When Paul speaks of wives submitting to husbands, the Greek text borrows the verb from this previous verse about mutual submission. This isn't about hierarchy or control—it's about order within equality, different roles with equal value. In a culture where women were property, Paul radically elevated women by addressing them directly as moral agents accountable to God. Women's submission is not passive obedience to a dictator but active partnership with their husbands as you both submit to Christ together. True biblical submission flows from strength, not weakness.

## DAY 3: RESPECT AS WORSHIP

### READING: PHESIANS 5:33; 1 PETER 3:1-6

"Let the wife see that she respects her husband." This respect—showing honour, worth, and deep regard—is not earned by perfection but given as an act of worship to the Lord. When women respect their husbands, they are not doing it primarily for him but unto Christ. This doesn't mean accepting abuse or enabling sin, but it does mean refusing to belittle, mock, or chip away at the role God has given him. Your words have power to build up or tear down. As a helper corresponding to the husband, wives supply strength where they are weak. When respect feels difficult, wives are called to turn their eyes to the ultimate Helper, the One who gives them strength.

Today, wives ask God to help you see your husband through His eyes and to speak life into the calling God has placed on him. Your respect creates space for him to grow into the man God designed him to be.

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### DAY 4: THE CHRIST-CENTRED MARRIAGE

#### READING: EPHESIANS 5:25-32

Paul grounds Christian marriage not in cultural norms but in the gospel itself. Just as Christ loved the church sacrificially, husbands are called to lay down their lives for their wives. This isn't about power—it's about sacrifice. Jesus, the head of the church, washed His disciples' feet. In the same way, biblical headship means the husband bears direct responsibility for the spiritual flourishing and protection of the home. He is called to love his wife as Christ loved, always seeking their highest good. This high calling for husbands creates a safe place for women to step into their role as helper and partner. When both spouses look to Christ, marriage becomes a beautiful picture of the gospel—two equal image-bearers with different roles, mutually submitting, sacrificially loving, creating something together that glorifies God and displays His love to a watching world.

### DAY 5: YOUR IDENTITY AS AN IMAGE-BEARER

#### READING: GENESIS 1:26-31; PSALM 139:13-18

From the very beginning, God declared that both male and female are created in His image. What was true of Adam—being an image-bearer of God—was equally true of Eve. This is our foundational identity. You are not defined by your marital status, your children, your career, your appearance, or your accomplishments. You are defined by whose image you bear. The world offers countless counterfeits for your worth, but God has already established your value: you are His masterpiece, fearfully and wonderfully made, created to reflect His glory. When you understand this truth, the call to be a helper, to submit, or to sacrifice in marriage is not diminishing but empowering. You bring the fullness of God's image into your family. You are an equal contributor, a face-to-face partner, essential to God's design. Walk in the confidence of who God created you to be—a woman or man of immeasurable worth, bearing His image to your family and the world.