

Losing to Gain

August 10th, 2025



PHILIPPIANS SUMMER SERIES

This summer, we're journeying together through the book of Philippians—a letter full of joy, encouragement, and deep insight into living a Christ-centred life.

Each day, you'll read one chapter of Philippians (Day 1: Chapter 1, Day 2: Chapter 2, Day 3: Chapter 3, Day 4: Chapter 4). Then, on Day 5, you'll read the entire book in one sitting. Along the way, we'll also highlight specific verses or related Scripture passages to help you go further in your reflection.

Our hope is that by revisiting the whole letter regularly, you'll grow in your grasp of its message and see more clearly how each part fits into the whole. Whether you're reading alone or with others, we pray this devotional strengthens your faith and draws you to God.

DAY 1: REJOICING IN THE LORD

READING: PHILIPPIANS 3:1-3, PSALM 100

Today, we focus on Paul's command to "Rejoice in the Lord!" This isn't about manufactured emotion, but a deliberate choice to praise God regardless of our circumstances.

As you read Psalm 100, reflect on how speaking out praise can shift your perspective. How might actively rejoicing impact your day? Consider starting each morning this week by verbally expressing gratitude to God, even before your feet hit the floor.

Remember, joy in the Lord is our strength and a powerful testimony to His goodness.

DAY 2: FROM RELIGION TO RELATIONSHIP

READING: PHILIPPIANS 3:4-9, GALATIANS 2:16-21

Paul's dramatic shift from religious achievement to a personal relationship with Christ challenges us to examine our own faith. Are we relying on our good deeds and religious observances, or on Christ alone?

Reflect on areas where you might be tempted to trust in your own efforts rather than God's grace. How can you deepen your relationship with Jesus today? Consider spending time in prayer, simply enjoying God's presence without asking for anything, to cultivate intimacy with Him.

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DAY 3: THE SURPASSING WORTH OF KNOWING CHRIST

READING: PHILIPPIANS 3:7-11, COLOSSIANS 2:1-3

Paul considered everything a loss compared to the surpassing worth of knowing Christ. This radical perspective invites us to reevaluate our priorities.

What in your life might be competing with your pursuit of knowing Jesus more deeply?

Reflect on the areas where you invest most of your time and energy. Are these aligned with growing in your knowledge and love of Christ? Challenge yourself to intentionally set aside time this week to study God's Word and pray, seeking to know Him more intimately.

DAY 4: THE POWER OF RESURRECTION

READING: PHILIPPIANS 3:10-11, ROMANS 8:11-17

The power that raised Christ from the dead is at work in believers today. How have you experienced this resurrection power in your life? It might be in overcoming sin, finding strength in weakness, or witnessing God's supernatural intervention.

Meditate on the truth that the Holy Spirit dwells in you, bringing life to you today.

How might your day look different if you intentionally relied on this power? Ask God to make you more aware of His resurrection power at work in and through you.

DAY 5: SHARING IN CHRIST'S SUFFERINGS

READING: PHILIPPIANS 3:10-11, 2 CORINTHIANS 4:7-18

Paul speaks of participating in Christ's sufferings as part of knowing Him. While this may seem daunting, it's an invitation to experience God's presence and power in our difficulties.

Reflect on a current challenge you're facing. How might God be using this to conform you to Christ's image? Remember that suffering is temporary, but it produces an eternal weight of glory. Ask God for the strength to persevere and for eyes to see His work in your trials.

Consider how you can encourage someone else who is suffering, sharing the comfort you've received from God.