

COMMUNITY GROUPS

living out the gospel with
one another in our homes

Date: 9 Aug 2026

Text: Judges 4

Sermon: Ted Rastatter

Questions: John Brewer

Judges Chapter 4 tells the story of Deborah and Barak taking 10,000 troops to war against the Canaanites. In the ensuing battle, *God* defeated the Canaanite army. The commander of the Canaanite army, Sisera, fled and was welcomed in by Jael, the wife of Heber the Kenite. After Sisera fell asleep, Jael killed Sisera by driving a tent stake through his head.

Discussion Questions

1. Ted posited that we need faith to seek wisdom that comes from outside of ourselves. Where do we see Deborah and Barak turn for wisdom in our passage? Where does this point us to as the ultimate source of wisdom in our own lives? Reference Psalm 119:20, Proverbs 3:5-6, John 2:1-5, Matthew 17:1-6, and Romans 10:14-17. What does this mean for us as we go about our daily lives?
2. In what way does Barak show humility here? What can we learn from his example that we can use in our own lives? What is the goal of our acts of obedience? Reference Psalm 115:1.
3. In Judges Ch 4, how did Deborah, Barak, and Jael have to trust in God's providence? How do we see God move decisively in this story to bring about his will? When have you seen God's providence at work? What do this story from Judges and our testimonies teach us about trusting God?
4. You and I aren't facing oppressive armies, but we are dealing with the consequences of sin in a broken world. What struggles are you facing? Read Isaiah 54:17 and Romans 8:28 (and really all of Romans 8). Do these mean that we should expect things to be easy? How are these truths ultimately encouraging for us?