

COMMUNITY GROUPS

Living out the gospel with
one another in our homes

Date: May 17, 2026

Text: Galatians 5:22-23

Sermon: Ted Rastatter

Questions: Joe Carroll

Main Point

The fruit of the Spirit is not simply about becoming better people; it is about becoming people through whom others experience the life and reign of Jesus. As the Holy Spirit transforms us, the world gets a glimpse of what humanity looks like when Christ is King.

Discussion Questions

Read Galatians 5:22-23

1. Why do you think Paul calls it the *fruit* of the Spirit rather than the *fruits* of the Spirit? What might that teach us?
2. Which fruit listed in Galatians 5:22–23 stands out to you most right now, and why?
3. How is the fruit of the Spirit about more than becoming a “better person”? What does it mean for others to experience Christ through us?
4. **Read Ephesians 1:9-10** - Ted talked about how the fruit is not merely for moral improvement, but as a broader part of a restoration plan. Sin fractured what God created, our relationship with him. But God, through Christ is reigning creation back towards himself. How does the Fruit of the Spirit show evidence that God is already restoring and making things whole in our lives?
5. **Read John 15:5** - How does this connect with Galatians 5:22–23? What does “abiding in Christ” look like practically in your daily life?
6. We talked about “light and momentary afflictions” and how joy is not the absence of suffering but the presence of Christ within it. Joy, peace, patience, and faithfulness are often tested most during hardship. How can difficult seasons become places where the Holy Spirit grows fruit in us that comfort and ease never could?

Application Questions

1. “In every garden there are weeds.” What might the Holy Spirit be revealing in your life that is keeping you from bearing more fruit? Are you willing to surrender and crucify it?

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2. What would it look like this week for the fruit God is growing in you to be shared with the people around you—your family, friends, coworkers, or community?