



Introduction

Have you ever gone through a difficult time and started to wonder where God was? In Psalm 77, Asaph is going through a time of trouble. He feels overwhelmed and begins asking questions about whether God has forgotten him. During hard times, it can be easy to focus so much on the problem that we forget God is still present. Psalm 77 shows us that when God feels far away, we should continue to seek Him, remember what He has already done, and trust that He is still working even when we cannot see it.

1. The Heavy Heart in the Dark Psalm 77:1–9

Psalm 77:2

“In the day of my trouble I sought the Lord: my sore ran in the night, and ceased not: my soul refused to be comforted.”

Psalm 77:3

“I remembered God, and was troubled: I complained, and my spirit was overwhelmed. Selah.”

Psalm 77:7 (Psalm 74:1, Psalm 85:1)

“Will the Lord cast off for ever? and will he be favourable no more?”

Psalm 77:8 (Romans 9:6)

“Is his mercy clean gone for ever? doth his promise fail for evermore?”

Psalm 77:9

“Hath God forgotten to be gracious? hath he in anger shut up his tender mercies? Selah.”

Insights

- Asaph was overwhelmed and began questioning whether God had forgotten him.
- When things do not go the way we expect, it can be easy to begin doubting.
- Just because God closes one door does not mean He will not open another.
- Our feelings may tell us God is far away, but our feelings do not change who God is.
- Selah — a pause or break, giving us time to stop and think about what we have just read.

2. The Remembrance of God Psalm 77:10–15

Psalm 77:10 (Psalm 31:22)

“And I said, This is my infirmity: but I will remember the years of the right hand of the most High.”

Psalm 77:11

“I will remember the works of the LORD: surely I will remember thy wonders of old.”

Psalm 77:13 (Exodus 15:11, Psalm 73:17)

“Thy way, O God, is in the sanctuary: who is so great a God as our God?”

Insights

- This is the turning point in the Psalm.
- Instead of only focusing on his trouble, Asaph begins remembering what God has done in the past.
- We should take time to reflect on what God has already done in our lives.
- When we do not understand what God is doing now, we can remember His past faithfulness.
- Feeling forgotten by God does not mean God has forgotten us.
- Infirmary — weakness, affliction, or struggle.

3. The Unseen Hand Psalm 77:16–20**Psalm 77:19**

“Thy way is in the sea, and thy path in the great waters, and thy footsteps are not known.”

Psalm 77:20 (Psalm 78:52, 80:1)

“Thou leddest thy people like a flock by the hand of Moses and Aaron.”

Insights

- Asaph remembers how God led Israel through the Red Sea.
- The Israelites could not see a way forward, but God already knew the way.
- God can make a way where there seems to be no way.
- God is still actively working even when we cannot see or trace what He is doing.
- Psalm 77:19 reminds us that even when His footsteps are not seen, His hand is still at work.
- God used Moses and Aaron to lead His people and care for them like a shepherd caring for his flock.

Key Takeaways

- ✓ Difficult times can make God feel far away.
- ✓ God has not forgotten His people.
- ✓ Remembering God’s past faithfulness helps us trust Him in present hardships.
- ✓ God may be working even when we cannot see what He is doing.
- ✓ We should continue seeking God even during times of doubt.

Closing Thought

When God feels far away, remember His faithfulness. We may not always see His footsteps, but we can still trust His hand.