

## SEEK – pt. 1

### UNCOMMON CLARITY (Renewing our spiritual vision)

- Principle of the First Fruits

#### **Matt 6:33**

<sup>33</sup> But seek first the kingdom of God and His righteousness, and all these things shall be added to you.

✓ When we give God the FIRST He blesses the REST

✓ Jesus EXPECTED every believer to PRACTICE 3 spiritual HABITS

1. Giving
2. Praying
3. Fasting

**Matt. 6:2** – “When you Give” <sup>2</sup> “Thus, when you give to the needy, sound no trumpet before you, as the hypocrites do in the synagogues and in the streets, that they may be praised by others...”

**Matt. 6:5** – “When you Pray” <sup>5</sup> “And when you pray, you must not be like the hypocrites. For they love to stand and pray in the synagogues and at the street corners, that they may be seen by others....”

**Matt. 6:16** – “When you Fast” <sup>6</sup> “And when you fast, do not look gloomy like the hypocrites, for they disfigure their faces that their fasting may be seen by others. Truly, I say to you, they have received their reward. <sup>17</sup> But when you fast, anoint your head and wash your face, <sup>18</sup> that your fasting may not be seen by others but by your Father who is in secret. And your Father who sees in secret will reward you.”

✓ FASTING is a NORMAL part of a Christians LIFE.

#### **Ecc. 4:12**

And a threefold cord is not easily broken.

✓ When we INCLUDE all 3 of these SPIRITUAL HABITS in our lives, it produces a SUPERNATURAL STRENGTH in our spirit.

✓ Fasting BY ITSELF is not a MAGICAL FORMULA.

### **Acts 14:23**

(Paul and Barnabas) choose spiritual leaders, and with **prayer and fasting** they entrusted the leaders to the Lord in whom they believed.

✓ Fasting MUST be done hand in hand with PRAYER.

### **Matt. 17:19**

<sup>19</sup> Then the disciples came to Jesus privately and said, “Why could we not cast it out?”

<sup>20</sup> So Jesus said to them, “Because of your unbelief; for assuredly, I say to you, if you have faith as a mustard seed, you will say to this mountain, ‘Move from here to there,’ and it will move; and nothing will be impossible for you.”<sup>21</sup> However, this kind does not go out except by **prayer and fasting.**”

✓ FASTING gives us back our spiritual EDGE.

### **Ecc. 10:10**

<sup>10</sup> If the ax is dull,  
And one does not sharpen the edge,  
Then he must use more strength;

\*\*\* *“Give me six hours to chop down a tree, and I’ll spend the first 4 sharpening my ax” - Abraham Lincoln*

✓ The best way to RE-SHARPEN our spiritual EDGE is through FASTING

## **Is 58:6**

- 6 “Is this not the fast that I have chosen: To loose the bonds of wickedness, To undo the heavy burdens, To let the oppressed go free, And that you break every yoke? <sup>7</sup> Is it not to share your bread with the hungry, And that you bring to your house the poor who are cast out; When you see the naked, that you cover him, And not hide yourself from your own flesh?
- 8 *Then your light shall break forth like the morning, Your healing shall spring forth speedily, And your righteousness shall go before you; The glory of the LORD shall be your rear guard. <sup>9</sup> Then you shall call, and the LORD will answer; You shall cry, and He will say, ‘Here I am.’*

## **UNCOMMON CLARITY**

✓ **FASTING** and **PRAYER** restore the **FLOW** of Gods **LIVING WATER** in our soul.

✓ Just as **FASTING** restores our **SPIRITUAL** health, it also restores our **PHYSICAL** health.

## **Daniel 10:1**

In the third year of Cyrus king of Persia a message was revealed to Daniel, whose name was called Belteshazzar. The message was true, but the appointed time was long; and he understood the message, and had understanding of the vision. <sup>2</sup> In those days I, Daniel, was mourning three full weeks. <sup>3</sup> I ate no pleasant food, no meat or wine came into my mouth, nor did I anoint myself at all, till three whole weeks were fulfilled.

## **Daniel 10:10**

<sup>10</sup> Suddenly, a hand touched me, which made me tremble on my knees and on the palms of my hands. <sup>11</sup> And he said to me, “O Daniel, man greatly beloved, understand the words that I speak to you, and stand upright, for I have now been sent to you.” While he was speaking this word to me, I stood trembling.

<sup>12</sup> Then he said to me, “Do not fear, Daniel, for from the first day that you set your heart to understand, and to humble yourself before your God, your

words were heard; and I have come because of your words. <sup>13</sup> But the prince of the kingdom of Persia withstood me twenty-one days; and behold, Michael, one of the chief princes, came to help me, for I had been left alone there with the kings of Persia. <sup>14</sup> Now I have come to make you understand what will happen to your people in the latter days, for the vision *refers* to *many* days yet *to come*.”

✓ DANIEL fasted 21 days and was given CLARITY and UNDERSTANDING to the VISION God had given him.

✓ Through a 21 DAY FAST, God will give you UNCOMMON CLARITY and UNDERSTANDING to the VISION he has given you.

\*\*\* **Fasting** and **prayer** help us **regain** our **sensitivity** to the things of **God**.

\*\*\* **God** wants to give you **UNCOMMON CLARITY**