SEEK - pt. 1 "UNCOMMON CLARITY" (Renewing our spiritual vision)

Principle of the First Fruits

- o Grain before they could harvest
- Cattle/Livestock
- o First day of the week, first week, of the first month
- First part of all increase
- Principle that Dedicates the first part to the Lord and in return He increases His Favor on and Blesses the Rest

(What that will look like for us)

Matt 6:33

³³ But seek first the kingdom of God and His righteousness, and all these things shall be added to you.

√ When we give God the FIRST He blesses the REST

*** Actually,

✓ Jesus **EXPECTED** every believer to **PRACTICE** 3n spiritual **HABITS**

1. Giving 2. Praying 3. Fasting

Matt. 6:2 – "When you Give"
Matt. 6:5 – "When you Pray"
Matt. 6:16 – "When you Fast"

✓ FASTING is a NORMAL part of a Christians LIFE.
//→ Fasting should be a part of our lives as much as giving and prayer is
Ecc. 4:12 And a threefold cord is not easily broken.
✓ When we INCLUDE all 3 of these SPIRITUAL HABITS in our lives, it produces a SUPERNATURAL STREGTH in our spirit.
//→ FASTING is NOT just going without food. That is called dieting or just starving.
✓ Fasting BY ITSELF is not a MAGICAL FORMULA .
✓ Fasting MUST be done hand in hand with PRAYER.

Matt. 17:19

- Then the disciples came to Jesus privately and said, "Why could we not cast it out?"
- ²⁰ So Jesus said to them, "Because of your unbelief; for assuredly, I say to you, if you have faith as a mustard seed, you will say to this mountain, 'Move from here to there,' and it will move; and nothing will be impossible for you. ²¹ However, this kind does not go out except by **prayer and fasting."**
 - //--> Even **JESUS** couldn't cast **this** demon out without **fasting**.
- //-→ Fasting gives us the power to do <u>far more</u> than we could possibly accomplish in our own strength
- **Jesus fasted because He understood that there were some supernatural things that could *only* be released through fasting.
- ** **How** many **Supernatural Things** have we possibly <u>missed</u> because we <u>haven't</u> fasted and **prayed**

GET YOUR EDGE BACK

✓ **FASTING** gives us back our spiritual **EDGE**.

*** **Think** about that in your **own** life. How **many** of us walk around, **spiritually dull**, and we try **so hard** sometimes but we don't **seem** to get very **far**?

Ecc. 10:10

If the ax is dull,
And one does not sharpen the edge,
Then he must use more strength;

*** Abraham Lincoln said – "Give me six hours to chop down a tree, and I'll spend the first 4 sharpening my ax"

√ The best way to **RE-SHARPEN** our spiritual **EDGE** is through **FASTING**

Is 58:6

"Is this not the fast that I have chosen: To loose the bonds of wickedness, To undo the heavy burdens, To let the oppressed go free, And that you break every yoke? Is it not to share your bread with the hungry, And that you bring to your house the poor who are cast out; When you see the naked, that you cover him, And not hide yourself from your own flesh?

Then your light shall break forth like the morning, Your healing shall spring forth speedily, And your righteousness shall go before you; The glory of the LORD shall be your rear guard. ⁹ Then you shall call, and the LORD will answer; You shall cry, and He will say, 'Here I am.'

//-→ Fasting is like spiritual "Drano" that cleans out all the junk, circumstance, situations, failures, and lies of the enemy out of our spiritual pipes.

- ✓ **FASTING** and **PRAYER** restore the **FLOW** of Gods **LIVING WATER** in our soul.
- ✓ Just as **FASTING** restores our **SPIRITUAL** health, it also restores our **PHYSICAL** health.

Daniel 10:1

In the third year of Cyrus king of Persia a message was revealed to Daniel, whose name was called Belteshazzar. The message was true, but the appointed time was long; and he understood the message, and had understanding of the vision. ² In those days I, Daniel, was mourning three full weeks. ³ I ate no pleasant food, no meat or wine came into my mouth, nor did I anoint myself at all, till three whole weeks were fulfilled.

*** **This** is where we get the "*Daniel Fast*"

"No Meat, no Wheat, no Sweets"

- ✓ **DANIEL** fasted **21 days** and was given **CLARITY** and **UNDERSTANDING** to the **VISION** God had given him.
- ✓ Through a 21 DAY FAST, God will give you UNCOMMON CLARITY and UNDERSTANDING to the VISION he has given you.

** **God** has a **vision** for <u>all</u> of us. A **place** He wants us to **get** to, a **direction** He wants us to **go**.

*** Fasting helps us focus past the scratches on our spiritual lenses

****Fasting helps us to wipe the fog off the glass and see

*** God wants to give you UNCOMMON CLARITY