

Psalm 1:1-3 NKJ

Blessed *is* the man

Who walks not in the counsel of the ungodly,

**Nor stands in the path of sinners,**

Nor sits in the seat of the scornful;

<sup>2</sup> But his delight *is* in the law of the Lord,

And in His law he meditates day and night.

<sup>3</sup> He shall be like a tree

Planted by the rivers of water,

That brings forth its fruit in its season,

Whose leaf also shall not wither;

And whatever he does shall prosper. <sup>1</sup>

Psalm 1:1-3 GWT

1 Blessed is the person who does not  
follow the advice of wicked people,  
take the path of sinners,  
or join the company of mockers.

<sup>2</sup> Rather, he delights in the teachings of the Lord  
and reflects on his teachings day and night.

<sup>3</sup> He is like a tree planted beside streams—  
a tree that produces fruit in season  
and whose leaves do not wither.  
He succeeds in everything he does. <sup>1</sup>

Psalm 92:12 -

12 But the godly will flourish like palm trees and grow strong like the cedars of Lebanon.

13 For they are transplanted to the Lord's own house.  
They flourish in the courts of our God.

14 Even in old age they will still produce fruit;  
they will remain vital and green.

15 They will declare, "The Lord is just!  
He is my rock!

Psalm 52:8

But I am like an olive tree, thriving in the house of God.

I will always trust in God's unfailing love.

9 I will praise you forever, O God,  
for what you have done.

I will trust in your good name  
in the presence of your faithful people.

Jer 17:5

Wisdom from the Lord

5 This is what the Lord says:

"Cursed are those who put their trust in mere humans,  
who rely on human strength  
and turn their hearts away from the Lord.

6 They are like stunted shrubs in the desert,  
with no hope for the future.

They will live in the barren wilderness,  
in an uninhabited salty land.

7 "But blessed are those who trust in the Lord  
and have made the Lord their hope and confidence.

:8 They are like trees planted along a riverbank,  
with roots that reach deep into the water.

Such trees are not bothered by the heat  
or worried by long months of drought.

Their leaves stay green,  
and they never stop producing fruit.

-----

Cool facts about Trees:

### Deepest Roots

A Wild Fig tree at Echo Caves, near Ohrigstad, Mpumalanga, South Africa has roots reaching 400 feet making it the deepest a tree's roots have penetrated.

### The Most Massive Tree

The "Lindsey Creek Tree", a Coast Redwood with a minimum trunk volume of 90,000 cubic feet and a minimum total mass of 3630 tons was the most massive known tree until it blew over in a storm in 1905. The most massive living tree is "General Sherman", a giant sequoia found in the Sequoia National Park in California. It is 275 feet tall with a girth of 102 feet and 8 inches.

## The Tallest Tree

In 1872, an Australian Eucalyptus at Watts River, Victoria in Australia was said to measure to 435 feet, but it is speculated that it probably measured to over 500 feet at some point in its life. The tallest living tree is a Coast Redwood known as the "Mendocino Tree" found in Montgomery State Reserve in California. This tree, which is over 1000 years old, is more than 367 feet and 6 inches tall and still growing.

Trees receive an estimated 90% of their nutrition from the atmosphere and only 10% from the soil.

Knocking on wood for good luck originated from primitive tree worship when rapping on trees was believed to summon protective spirits in the trees.

Hospital patients heal faster, require shorter stays and less painkillers if the room windows faces a treed environment.

Trees can induce rainfall by cooling the land and transpiring water into the sky from their leaves. An acre of maple trees can put as much as 20,000 gallons of water into the air each day.

One acre of trees absorbs 2.6 tons of CO<sub>2</sub> per year.

It has been estimated that in 50 years one tree recycles more than \$98,000 worth of water, provides \$82,000 worth of erosion control, \$164,000 worth of air pollution control, and produces \$98,400 worth of oxygen.

-----

\*\*\*\* Since God likes to compare us to becoming a strong, healthy tree.....

\*\*\*\* We're going to look at 3 important factors that can either make us a healthy, or an unhealthy tree...

## 1. ADVICE

\*\*\*\* Who's ADVICE are we taking?

**Ps. 1:1**

1     **Blessed is the man**  
      **Who walks not in the counsel of the ungodly,**

Nor stands in the path of sinners,  
Nor sits in the seat of the scornful;

2     But his delight is in the law of the Lord,  
And in His law he meditates day and night.

3     He shall be like a tree  
Planted by the rivers of water,  
That brings forth its fruit in its season,

Whose leaf also shall not wither;  
And whatever he does shall prosper.

.....

1 Blessed is the man  
Who walks not in the counsel of the ungodly,

--> **COUNSEL** = to give Counsel, **ADVICE**, to persuade.....

\*\*\* Who are we letting give us ***ADVICE*** ?

\*\*\*\* Who are we letting speak into our lives?

\*\*\*\* Whose words are we allowing to be spoken over us??

- Unsaved Friends
- Culture
- Movies
- T.V.
- Unsaved or barely saved family

Ps.1:2

2 But his delight is in the law of the Lord,  
And in His law he meditates day and night.

3 He shall be like a tree  
Planted by the rivers of water,

\*\*\*\* God's Law, His Word, His **ADVICE**..... (we have a choice)

.....it;s the water that feeds the roots.....

Is. 55:10

“For as the rain comes down, and the snow from heaven,  
And do not return there,  
But water the earth,  
And make it bring forth and bud,  
That it may give seed to the sower  
And bread to the eater,

11 So shall My word be that goes forth from My mouth;  
It shall not return to Me void,  
But it shall accomplish what I please,  
And it shall prosper in the thing for which I sent it.

\*\*\*\* In Nature, Trees absorb and hold rainwater, then they transpire and release that rainwater into the sky through their leaves.

An acre of maple trees can put as much as 20,000 gallons of water into the air each day.

.....so they RELEASE what they ABSORB....

Ps.1:2

2 But his delight is in the law of the Lord,  
And in His law he meditates day and night.

3 **He shall be like a tree**  
**Planted by the rivers of water,**

That brings forth its fruit in its season,  
Whose leaf also shall not wither;  
And whatever he does shall prosper.

.....Trees ABSORB the water they are planted by....

I guess thats good if its good water.....

.....what if it was gasoline???

Prov. 22:12

The eyes of the Lord preserve knowledge,  
But He overthrows (overturns, ruins) the words of the  
faithless.

\*\*\*\* The words of the ungodly will RUIN your roots, instead of  
being planted by the rivers of pure water.....

.....you'll be planted by the rivers of gasoline.....

\*\*\*\*\*and Remember.....trees RELEASE what they  
ABSORB....

---

## 2. ABIDE

\*\*\*\* Who are we hanging out in in??

Ps. 1:1 Blessed is the man  
Who walks not in the counsel of the ungodly,  
Nor stands in the path of sinners,

**Stands** = To stand still, remain, to stay, **ABIDE**, to “Hang Out”

\*\*\* Who do you surround yourself with?

\*\*\*\* Who do you spend quality time with?

\*\*\* Who do you “Hang Out” with on a regular basis?

2Cor 6:14

Don't team up with those who are unbelievers. How can righteousness be a partner with ungodliness? How can light live with darkness? 15 What harmony can there be between Christ and the devil\*? How can a believer be a partner with an unbeliever? 16 And what union can there be between God's temple and idols? For we are the temple of the living God.

14 Do not be unequally yoked together with unbelievers.

-----

\*\*\*\* BUT..... what if you're hanging out with JESUS???

Ps. 1:1

1 Blessed is the man  
Who walks not in the counsel of the ungodly,  
Nor **stands** in the path of sinners,  
Nor sits in the seat of the scornful;

**2 But his delight is in the law of the Lord,  
And in His law he meditates day and night.**

3 He shall be like a tree  
Planted by the rivers of water,  
**That brings forth its fruit in its season,**  
Whose leaf also shall not wither;

And whatever he does shall prosper.

**REMEMBER** --> **Stands** = To stand still, remain, **ABIDE**, to  
“Hang Out”

\*\*\*\*\* **“Meditate Day and Night”** = --> ***“WILL PRODUCE FRUIT”***

### **Jn 15:5**

Abide in Me, and I in you. As the branch cannot bear fruit of itself, unless it abides in the vine, neither can you, unless you abide in Me.

5 “I am the vine, you are the branches. He who abides in Me, and I in him, bears much fruit; for without Me you can do nothing.

\*\*\*\*\* ( ***Also, “iron sharpens iron”*** )

### **1 Cor.15:33**

Don’t be fooled by those who say such things, for “**bad company corrupts good character.**”

\*\*\*\***CORRUPT** - To destroy, to SPOIL

\*\*\*\**Hanging out, or “Abiding” with one cause fruit to produce, mature and ripen,*

*.....and hanging out with the other causes fruit to*  
***spoil....***

### **Proverbs 27:9**

The heartfelt counsel of a (Godly) friend is as sweet as perfume and incense

\*\*\*\* Godly friends can even help your fruit to SMELL better! :-)

-----

## **3. ATTITUDE**

\*\*\* Hows your **ATTITUDE** been lately???

Ps. 1:1

1 **Blessed is the man**

Who walks not in the counsel of the ungodly,  
Nor stands in the path of sinners,

**Nor sits in the seat of the scornful;**

2 But his delight is in the law of the Lord,  
And in His law he meditates day and night.

3 **He shall be like a tree**

Planted by the rivers of water,  
That brings forth its fruit in its season,

**Whose leaf also shall not wither;**

**And whatever he does shall prosper.**

--> **SCORNFUL** = To defy, to disregard others, to see others as beneath you, to disrespect.....or we can just say **PRIDEFUL**

**“Whose leaf also shall not wither;” = to be scorned**

**Prov. 28:25**

He who is of a proud heart stirs up strife,  
But he who trusts in the Lord will be **prospered**.

(To grow and advance successfully)

### **James 4:6**

“God resists (Battles against) the proud,  
But gives grace to the humble.”

### **1 Peter 3:8**

8 Finally, all of you be of one mind, having compassion for one another; love as brothers, be tenderhearted, be courteous; 9 not returning evil for evil or reviling for reviling, but on the contrary blessing, knowing that you were called to this, that you may inherit a ***blessing. ( bountiful blessing. a bounty)***

3 He shall be like a tree  
Planted by the rivers of water,  
That brings forth its fruit in its season,  
Whose leaf also shall not wither;  
***And whatever he does shall prosper.*** ( Grow abundantly  
and successfully)