

## Repentance and Letting Go Prayer

Lord,

Today I let go of

- anything you have not placed in my hand
- any position, job, ministry, relationship

I let go of

- any false identity, and
- I reject any identity placed on me by anyone other than you

I let go of

- old habits of thinking, acting, and speaking, that do not bring life

I let go of

- past losses, hurts, traumas

And I forgive myself, You, and others that I have judged as bringing the pain, the hurt, and the trauma

I ask Forgiveness for my

- Doubt
- Unbelief
- Skepticism
- Running from your Spirit
- Rejecting Your Call
- Disobedience

Forgive me for \_\_\_\_\_

I have rebelled against You by elevating my circumstances over You and setting them as idols in Your place. Oh God, I repent for this sin and ask You to forgive me. I believe that You are well able to do exceedingly, abundantly, above all I could ask or desire. You are the great I AM in all of my circumstances.

Forgive me for the ways I have tried to cope on my own and have built walls between me and You. I choose to reinstall You as Lord of my life—Lord over my family, Lord over my health, Lord over my relationships, Lord over my finances, Lord over my thoughts, Lord over my emotions,

Lord over my behavior, and Lord over my circumstances. Be enthroned in my life, Lord, my King, and my God.

And now Lord, I lay all these sins at Your cross—the lies I have believed and the vows and judgments I have made. The false expectations I developed. The idols that I have enthroned above You. Please cancel them all with Your blood and break off any curses attached to them. Please cut off the roots and cause them to wither, destroying their ability to bear bad fruit in my own life and generationally forever.

I ask you to give me true ways to think, feel, and act, that you lay down new neural pathways and fill in the old ones, that you release me from the yoke of bondage to these sins, and finally, that you restore to me my original identity and free me to fulfill all Your good purposes in my life. Restore to me Your Shalom that I may always feel safe with You and rely on You.

In Jesus' Name Amen