

## A Sacrifice of Praise

### TALK IT OVER

#### Week Four – Worship in Freedom

**Think back through the message. What sticks out to you?**

#### Key Scriptures:

*Hebrews 13:15 - Therefore, let us offer through Jesus a continual sacrifice of praise to God, proclaiming our allegiance to his name.*

*John 8:36 - So if the Son sets you free, you are truly free.*

*Acts 16:25-26 - Around midnight Paul and Silas were praying and singing hymns to God, and the other prisoners were listening. <sup>26</sup>Suddenly, there was a massive earthquake, and the prison was shaken to its foundations. All the doors immediately flew open, and the chains of every prisoner fell off!*

*Luke 4:18-19 - "The Spirit of the Lord is upon me, for he has anointed me to bring Good News to the poor. He has sent me to proclaim that captives will be released, that the blind will see, that the oppressed will be set free, <sup>19</sup>and that the time of the Lord's favor has come.*

*2 Samuel 6:14-15 - And David danced before the Lord with all his might, wearing a priestly garment. <sup>15</sup>So David and all the people of Israel brought up the Ark of the Lord with shouts of joy and the blowing of rams' horns.*

#### Start talking. Find a conversation starter for your group.

- Do you find yourself ever worrying about what other people might think of you while you are worshipping? How do you think you can overcome that worry?
- In the message, Pastor Lane talked about how worship is a spiritual discipline, meaning we need to do it whether we feel like it or not. How does worship, even when we may not feel like it, help us grow closer to God?

#### Start thinking. Ask questions to get your group thinking.

- What do you think is the most significant hinderance to you worshipping in freedom and passion? How can you learn to overcome it and break out?
- Pastor Lane talked about not allowing strongholds to remain in our lives because where we keep God out, we allow the enemy a foothold to harass and attack us. Why do we sometimes allow them to stay instead of allowing God to break through? What can we do about that?

#### Start sharing. Choose questions that create openness.

- Read 2 Samuel 6:14-22. Does that story make you feel uncomfortable or excite you? When David says he is willing to look foolish to worship, do you relate to that or does it turn you off? How can we develop a new comfort zone to worship in freedom like David did?
- How has this series on worship helped you to grow in your understanding of worship? What areas are you feeling challenged to grow in and you haven't yet stepped out and done? How have you experienced new freedom in worship as you have embraced what you are learning?

#### Start praying. Be bold and pray specifically.

- God help us to worship like King David, unashamed of our God and willing to look foolish in the eyes of others to express our love for you. Help us to walk in a new freedom because you have set us truly free. Amen

#### Start doing. Commit to a step and live it out this week.

- Determine to worship God with passion, regardless of how you feel or any guilt and shame you may be dealing with.
- Determine to make attending worship services a priority for your life so you can be strengthened and encouraged by your brothers and sisters in Christ to live passionately and boldly for Christ in this day and age.
- Whenever you start feeling like you need to break out of something, break through something, or break free from something, determine to start with a Praise Break!