

Key Scriptures

The temptations in your life are no different from what others experience. And God is faithful. He will not allow the temptation to be more than you can stand. When you are tempted, he will show you a way out so that you can endure. 1 Corinthians 10:13

Guard your heart above all else, for it determines the course of your life. Proverbs 4:23

"Your eye is like a lamp that provides light for your body. When your eye is healthy, your whole body is filled with light. ²³But when your eye is unhealthy, your whole body is filled with darkness. And if the light you think you have is actually darkness, how deep that darkness is! Matthew 6:22-23

Are any of you sick? You should call for the elders of the church to come and pray over you, anointing you with oil in the name of the Lord. Such a prayer offered in faith will heal the sick, and the Lord will make you well. And if you have committed any sins, you will be forgiven. Confess your sins to each other and pray for each other so that you may be healed. The earnest prayer of a righteous person has great power and produces wonderful results. James 5:14-16

Start talking. Find a conversation starter for your group.

- How has our cultures version of morality changed in your lifetime? What are some things that have declined? What are some things that have improved?
- How has your understanding of temptation vs sin changed as you have grown in your walk with Christ? What advice would you give the younger version of you about dealing with temptation?

Start thinking. Ask a question to get your group thinking.

- We know that our post-Christian cultures version of morality continues to move further and further away from God and the Bible. How do we make sure the churches view or morality does not?
- Pastor Lane said the reason we often ask how close to sin we can get and still be ok instead of running away from sin is because we have believed a lie that God is holding out on us. Do you agree? How have you seen that in your own life?
- What is true accountability? Why is it such a powerful part of finding freedom from sin?

Start sharing. Choose a question to create openness.

- Do you struggle to get and keep moral room? How does allowing ourselves to use the wrong standard (i.e. culture instead of the Bible) contribute to that struggle?
- Read Matthew 5:30. Jesus' words are strong and clear. Why do we struggle to take the drastic actions we sometimes need to do to find freedom from sin?
- Why are we so afraid of confession to another believer? How can we break that fear and embrace confession so that we can find healing and freedom?

Start praying. Be bold and pray with power.

Father, I thank You that when temptation comes you will always provide a way to escape so that we don't have to sin. Help us to embrace confession and accountability so that we can live in freedom and wholeness. In Jesus' name, amen.

Start doing. Commit to a step and live it out this week.

- If you are struggling to break free from sin, find a trusted person to confess to so that you can begin the process of healing.