

# The Power of Your Past

*“And they have defeated him by the blood of the Lamb and by their testimony. And they did not love their lives so much that they were afraid to die.”*

—Revelation 12:11 (NLT)

Your story doesn't highlight your drama—it reflects God's character.

It's not about what you've been through, but about what He's doing in you now.

## 1. Testimonies Aren't Just Memories — They Reflect God's Goodness

*“Come and listen, all you who fear God, and I will tell you what he did for me.”*

—Psalm 66:16 (NLT)

**Your story is more than your survival—it's proof of His goodness.**

## 2. Your Weakness Is Where God's Strength Shows Up

*“Each time he said, ‘My grace is all you need. My power works best in weakness.’*

*So now I am glad to boast about my weaknesses, so that*

*the power of Christ can work through me. That's why I take pleasure in my weaknesses, and in the insults, hardships, persecutions, and troubles that I suffer for Christ. For when I am weak, then I am strong."*

*—2 Corinthians 12:9–10 (NLT)*

God's not ashamed of your weakness—He uses it to display His strength.

### **3. Confession Unlocks Healing and Reveals His Faithfulness**

*"Confess your sins to each other and pray for each other so that you may be healed. The earnest prayer of a righteous person has great power and produces wonderful results."*

*—James 5:16 (NLT)*

*"But if we confess our sins to him, he is faithful and just to forgive us our sins and to cleanse us from all wickedness."*

*—1 John 1:9 (NLT)*

*"Finally, I confessed all my sins to you and stopped trying to hide my guilt.*

*I said to myself, 'I will confess my rebellion to the Lord.' And you forgave me! All my guilt is gone."*

*—Psalm 32:5 (NLT)*

Confession isn't weakness—it's worship.

## 4. Forgiveness and Repentance Reflect the Heart of God

*“Make allowance for each other’s faults, and forgive anyone who offends you. Remember, the Lord forgave you, so you must forgive others.”*

—Colossians 3:13 (NLT)

Forgiveness releases you, even when they haven’t said “I’m sorry.”

Repentance realigns your heart with heaven.

## 5. Your True Identity Is Found in Christ, Not Your Mistakes

*“So now there is no condemnation for those who belong to Christ Jesus.”*

—Romans 8:1 (NLT)

*“This means that anyone who belongs to Christ has become a new person.*

*The old life is gone; a new life has begun!”*

—2 Corinthians 5:17 (NLT)

Your past is not your identity—Jesus is.

## **FAITH DECLARATIONS**

Speak these out during the week:

“My story reveals God’s goodness.”

“I am not my past—I am a reflection of His mercy.”

“Confession brings healing and reveals God’s justice.”

“Where I was weak, He is strong.”

“My story isn’t finished—because Jesus is still writing it.”