

The logo for 'Light ChatRoom' is set against a dark green rectangular background. The word 'Light' is written in a large, white, cursive script font on the left side. To the right of 'Light', the word 'ChatRoom' is written in a smaller, white, sans-serif font. Below 'ChatRoom', there are two white line-art icons: the first depicts a family of four (two adults and two children), and the second depicts a couple (one man and one woman).

Light

ChatRoom



From this day forward

Grow together till death
do you part.

Commitment 5: Never Give Up

Watch the Commitment 5 video Never Give Up
The fill-in-the-blank answer key is located in the end of
this guide.

Talk It Over

Describe a time when you encountered a tough time in
your relationship. How did you get through it? How did
that experience affect your relationship?

*Some Pharisees came to [Jesus] to test him. They asked,
“Is it lawful for a man to divorce his wife for any and every*

reason?” “Haven’t you read,” he replied, “that at the beginning the Creator ‘made them male and female,’ and said, ‘For this reason a man will leave his father and mother and be united to his wife, and the two will become one flesh’? So they are no longer two, but one. Therefore what God has joined together, let man not separate.”

—Matthew 19:3-6 NIV84

Sowing and Reaping in Marriage

Do not be deceived: God cannot be mocked. A man reaps what he sows. The one who sows to please his sinful nature, from that nature will reap destruction; the one who sows to please the Spirit, from the Spirit will reap eternal life. Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up.

—Galatians 6:7-9 NIV84

1. You reap WHAT you sow.
2. You reap WHERE you sow.

Talk It Over

What and where are you sowing in your relationship currently?

Are you pleased with your harvest, or do you need to make some changes?

Living It Out With Dr. Kim: Putting the Five Commitments Into Action

1. Begin with focusing on God and making sure we are both seeking Him together. This is the foundation of our relationship.
2. If God is at the center of our relationship, and we truly love and respect each other, then we will fight fair. Having God at the center sets the tone for us to fight fair.
3. If we seek God and fight fair, we are going to have fun. This will also lead to the type of healthy sexual relationship God desires for us.
4. If the sexual relationship is strong, then purity becomes easier for us to achieve. Purity becomes something we value and cherish.
5. When we have all these things in place, it becomes easy to stay committed.

Advice on Not Giving up on Your Marriage

- Marriage is not easy and requires a lot of work, but it's worth it.
- Wherever your marriage is today, it can get better. No matter if your marriage is weak or strong, it can always get better.
- God can work miracles, and He can turn anything around, even the worst of marriages.

Final Thoughts

- Set aside time to communicate each day.
- Couples need a weekly date. Hang out three to four hours a week.
- Couples need to plan getaways at least twice a year.

Talk It Over

Do you tend to be more selfish or selfless in your relationship?

How have you seen divorce affect your family or the families you know?

What are some specific things you've learned from this series that you are going to do to ensure that you never give up on your marriage?

Next Steps

Here are some next step ideas that will help you make these five commitments an integral part of your relationship.

Use the 90-Day Marriage Enrichment Calendar to help you be intentional about scheduling time for the important things in your marriage, such as date nights and going to church together.

If you feel your marriage is in crisis, take the next step of getting help. Don't give up! Seek help from a friend, family member, or a pastor who could help you find an appropriate counselor. If you need help, seek it out. Your marriage is worth it.

Session 5: Never Give Up Sowing and Reaping in Marriage

1. You reap what you sow.
2. You reap where you sow.