

Catch the Wind – Living on Purpose by the Holy Spirit

Week 3: Winds of Change

Change Is Coming – Don't Resist the Wind

SERIES RECAP

Week 1: The Wind Has a Voice - The Holy Spirit is not silent. The wind has a voice.

Week 2: Set Your Sails - God's wind moves. Our sails respond.

Week 3: Navigate - You are not powerless or purposeless – the wind is with you!

THE FOUR WINDS OF SCRIPTURE

Not all wind (movement) feels the same – but every wind God sends is significant.

1. East Wind – Judgment & Correction

“So Moses lifted his staff over the land of Egypt, and the Lord caused an east wind to blow over the land all that day and through the night. When morning arrived, the east wind had brought the locusts.”

—(Exodus 10:13 NLT)

The east wind may feel like loss, but it leads to cleansing.

2. West Wind – Restoration & Mercy

“The Lord responded by shifting the wind, and the strong west wind blew the locusts into the Red Sea. Not a single locust remained in all the land of Egypt.”

—(Exodus 10:19 NLT)

The west wind changes everything. When it blows, God restores.

3. South Wind – Comfort, Favor, and Anticipation

“When the south wind blows, you say, ‘Today will be a scorcher.’ And it is.”

—(Luke 12:55 NLT)

The south wind is the Spirit’s whisper: ‘You are not alone.’

4. North Wind – Challenge & Strength

“As surely as a north wind brings rain, so a gossiping tongue causes anger.”

—(Proverbs 25:23 NLT)

“Awake, north wind! Rise up, south wind! Blow on my garden and spread its fragrance all around.”

—(Song of Solomon 4:16 NLT)

The north wind doesn't destroy — it develops.

Together, these winds represent the fullness of the Spirit's work: to convict, to restore, to comfort, and to strengthen — all to transform us.

The wind of the Spirit isn't random — it's strategic.

Each wind — east, west, south, and north — carries something different, but all of them are in God's hands. Some winds bring correction. Others bring comfort. Some bring breakthrough, and others bring pressure and anticipation.

But the one thing they all have in common? They bring change. When the Spirit moves, you can't stay the same. **The wind always changes the atmosphere.**

God is not in the business of comfort — He's in the business of transformation. And transformation always starts with a change in the wind.

1. GOD SENDS THE WIND TO SHIFT US

“And the Lord changed the wind to a very strong west wind, which caught up the locusts and blew them into the Red Sea.”

—Exodus 10:19

God’s wind doesn’t always bring in something new — sometimes it blows something old away.

2. CHANGE ISN’T COMFORTABLE, BUT IT IS HOLY

“Forget the former things; do not dwell on the past. See, I am doing a new thing!”

—Isaiah 43:18-19

You can’t walk into newness while dragging old weight.

3. THE WIND BRINGS A NEW IDENTITY

“Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!”

—2 Corinthians 5:17

The wind of the Spirit is not cosmetic — it’s creative.

4. EMBRACE THE SHIFT – DON'T RESIST IT

You can't catch the wind and cling to the dock at the same time.

RESPONSE

1. Release – “God, I surrender my old identity, my fears, my past season.”
2. Receive – “Holy Spirit, blow over my life. Move me.”
3. Respond – “I will not resist the wind. I will chase it.”

FAITH DECLARATIONS

- I embrace the change the Holy Spirit brings.
- I am not stuck — I am being shifted into new purpose.
- What God has for me is greater than what I'm leaving behind.

CONFESSION

God, I will not resist the winds of change.

You are doing a new thing in me.

I leave behind the old and step into the new.

I am transformed by Your Spirit.

I raise my sails and catch the wind of Heaven.

PRACTICAL STEPS

- Take inventory of what the Spirit is trying to blow out of your life.
- Pray daily: “Holy Spirit, what needs to go?”
- Fast from something that’s hindering spiritual progress.
- Journal what you’re still clinging to and surrender it in prayer.
- Step into something new that stretches you.
- Reflect: Are you resisting or receiving change?
- Declare biblical identity statements daily.
- Replace negative self-talk with Scripture.
- Take steps that reflect who God says you are.
- Take a bold faith step this week. Do one thing that requires faith.
- Confess comfort zones and get accountability.
- Practice surrender: “I’m willing to follow, even if I don’t feel ready.”