

Living Ready: Governed by the Spirit

Title:

Living Ready: Governing the Mind in the Last Days

Key Texts:

Revelation 5:12–13 (NLT)

2 Timothy 1:7 (NLT)

Romans 8:5–6 (NLT) — “Those who are dominated by the sinful nature think about sinful things, but those who are controlled by the Holy Spirit think about things that please the Spirit. So letting your sinful nature control your mind leads to death. But letting the Spirit control your mind leads to life and peace.”

1. Heaven’s Governance Is Already in Motion (3 min)

- John didn’t just see the future — he saw a present reality: the throne already rules.
- The Lamb doesn’t *create* the throne; He *opens the way* for us to live under it.
- In heaven, love, justice, wisdom, and power are perfectly balanced.
- On earth, those same things are corrupted — love becomes self-serving, justice becomes vengeance, power becomes control, and wisdom becomes pride.
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Key Line: *When we live under heaven’s governance, our minds come under heaven’s balance.*

2. The Holy Spirit Age (4 min)

- Jesus ascended so the Spirit could descend — this is the age of governance by the Spirit.
 - The Holy Spirit is not just comfort; He’s the government of God within us.
 - Revelation 5 ends with the worship of the Lamb; 2 Timothy 1:7 defines how that worship looks when it rules our thoughts:
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- “For God has not given us a spirit of fear and timidity, but of power, love, and a sound mind.”
- **The “sound mind” = governance restored — the ability to think, feel, and decide in alignment with heaven’s throne.**
 - Romans 8 calls this *“setting the mind on the Spirit.”* That’s how we live ready in the last days — we think governed, not panicked.

Key Line: *The world runs on fear; the Spirit trains our minds for faith.*

3. Governing Our Minds (5 min)

- Revelation says “Worthy is the Lamb to receive power, riches, wisdom, strength, honor, glory, and blessing.”
- Every one of those words describes areas of life the mind must steward well.

Attribute	Earthly Mind	Spirit-Governed Mind
Power	Control, dominance	Servanthood and surrender
Riches	Possession and worry	Stewardship and generosity
Wisdom	Pride and independence	Humility and obedience
Strength	Striving and burnout	Rest and resilience
Honor	Ego and image	Gratitude and humility
Glory	Self-promotion	God’s story through me
Blessing	Accumulation	Worship and giving

• Governing your mind is not about controlling thoughts through willpower — it’s about surrendering the throne of your inner life to the Holy Spirit.

- Romans 12:2 will set up our next series: “Let God transform you by changing the way you think.”

Key Line: *A sound mind is a surrendered mind.*

4. Living Ready in the Holy Spirit Age (3 min)

- The throne has always ruled. The Lamb has already won.
- But the question for us is: *Does He rule here* — in your thought life, emotions, decisions, relationships, and reactions?
- Living ready in these days means walking in the Spirit’s governance — peace instead of panic, purpose instead of pressure.

Declare Together:

I have not been given fear, but love, power, and a sound mind.

The throne rules. The Lamb has won.

I live governed by heaven’s peace.

Chat Room Discussion Guide – Week 4: Governed by the Spirit

Theme: *Living Ready in the Holy Spirit Age*

Text: Revelation 5:12–13 | 2 Timothy 1:7 | Romans 8:5–6

Opening Icebreaker

What’s one small decision this week that showed whether your thoughts were ruled by peace or ruled by pressure?

Discussion Questions

1. Heaven's Governance

Read Revelation 5:12–13.

What do you notice about how heaven describes Jesus' worthiness?

How do those attributes (power, wisdom, strength, honor, etc.) reflect the areas of our lives that need to come under God's rule?

2. Fear vs. Faith

Read 2 Timothy 1:7.

Fear is the counterfeit of heaven's governance.

Where has fear tried to rule your thoughts lately?

How can the Holy Spirit bring love, power, and a sound mind into that space?

3. The Mind of the Spirit

Read Romans 8:5–6.

How do we practically "set our minds on the things of the Spirit"?

What daily habits, conversations, or rhythms help you stay spiritually governed rather than emotionally reactive?

4. The Holy Spirit Age

We live in the time between the throne's rule in heaven and its full revelation on earth — the Holy Spirit Age.

How does being governed by the Spirit help us stay steady and ready when the world feels unstable?

5. A Sound Mind in a Shaken World

In your family, work, or relationships, where do you need to reestablish God's balance of love and power?

What might change if you truly believed "the throne still rules" in that area?

Prayer Focus

Pray that the Holy Spirit would train our minds for faith and peace.

Ask God to help us live under His governance — that fear would lose its voice, and His love and power would rule every decision.