

Lesson 2

The Holy Spirit and the Old Testament

Weekly Exercise Reminder

“This is my comfort in my affliction, That Your word has revived me.”
Psalm 119:50

The psalmist above knew that God’s word has the power to revive us. Sometimes our spirits become worn out and need reviving. Each day this week, speak directly to your spirit saying the words in Ephesians:

“Awake, sleeper,
And arise from the dead,
And Christ will shine on you.”
Ephesians 5:14

If you find it hard to speak directly to your own spirit, then ask a family member or trusted friend to help get you started.

You can keep your string bracelet on your wrist for this week too as a reminder to wake up your spirit.

“Not by might nor by power, but by My Spirit,’ says the Lord Almighty.”

Zechariah 4:6

The Holy Spirit and Creation

1. Pick up your Bible and begin reading Genesis 1. When in the Word of God is the Spirit of God first mentioned and what is He doing?
2. Read Job 33:4 and Psalm 104:30. Also see Psalm 33:6 that says, “By the word of the Lord the heavens were made, and by the breath (spirit) of His mouth all their host.” Discuss the role of the Spirit of God in creation from these verses.

The Holy Spirit in the Trinity

3. How do you see the concept of the Trinity, God as Three in One, hinted at in Genesis 1:26, Genesis 3:22 and 11:7? See also Isaiah 40:13-14.

4. Isaiah 6:8 uses the plural form of the Hebrew word for God, Elohim when it says, "Who will go for us?" Discuss what you learn from this verse.

5. Describe the Spirit of God from Ezekiel 1 and 2.

6. How do you see the Trinity in Matthew 3:16-17 and Acts 2:32-33?

7. Is the Holy Spirit given equal standing with the other two persons of the Trinity in Matthew 28:18-19, Acts 5:3-4 and II Corinthians 13:14?

Where is the Holy Spirit?

8. From Psalm 139:7 where is the Spirit of God?

9. What do I Kings 8:27 and Jeremiah 23:24 teach about the presence of God.

10. You may remember the story of Jonah who tried to flee from the presence of the Lord. Was he successful? You can scan the short book of Jonah to see.

The Holy Spirit on Specific People for Specific Purposes

11. Tell what you learn about the Spirit of God from Exodus 28:3 and Exodus 31:3, 35:31.

12. Discuss what you learn from Numbers 11:17 and 11:25-29.

13. Read and discuss what you learn from Deuteronomy 34:9.

14. From Judges 3:10, 6:34 and 15:14 what do you learn about the Spirit of God? See also I Samuel 10:6, 10.

15. Tell what happens in I Samuel 16:13.

16. What does Psalm 51:11 imply about the Holy Spirit in the Old Testament times?

17. Was the indwelling presence of the Holy Spirit permanent in the Old Testament according to I Samuel 16:14 and Judges 16:20?

18. Do you think the Holy Spirit was automatically given to all of God's people in the Old Testament?

19. Read I Kings 19:11-15. When did Elijah hear the voice of the Lord speaking to Him?

20. When you ask the Lord for wisdom or knowledge about a matter, do you wait to hear His still small voice? If so, share with your group how you do this.

21. Tell what happens in Ezekiel 2:1-4 and 11:5.

22. Who moved the prophets to speak from God according to II Peter 1:21?

23. Read Acts 1:16 and II Timothy 3:16 and discuss the role of the Spirit of God in these verses.

The Holy Spirit on Display

24. What did the Holy Spirit “look like” in the life of Daniel according to Daniel 5:12?

25. Discuss all you learn about the Spirit of the Lord from Isaiah 11:2.

26. Have you ever experienced a time when you just knew something or said something that you knew did not come from your own thinking?

27. How are we to accomplish God’s will for us according to Zechariah 4:6?

28. Are you relying on God’s Spirit to guide you or are you doing things by your own might and power? Discuss ways to get out of God’s way.

Weekly Exercise for Our Spirits

This week we saw the Holy Spirit's role in creation – “the Spirit of God was moving over the surface of the waters.” Genesis 1:2

29. Connecting with God's creation is another way of touching our spirits with the Spirit of God. Spend at least 10 minutes every day this week in nature. Go outside and sit in the grass, or watch the sunset or sunrise. Again, be intentional about noticing and really absorbing God's creation. Remember that these exercises are not just something on your list to be checked off – these are special times for your spirit to meet with the Holy Spirit!

Lecture Notes: