

Lesson 6

Psalm 139

Take some time to slowly read through Psalm 139 this week, asking the Holy Spirit to illumine your thinking and to speak to you through this portion of the Word of God.

“...Thou art intimately acquainted with all my ways.”

Psalm 139:3

1. What concept from last week’s lesson was especially helpful or thought provoking to you?
2. Look for a verse in the lesson this week that is meaningful to you and make it your memory verse. Write it down, carry it with you, put it on your refrigerator or mirror or dashboard and memorize it. Share your memory verse with your small group.
3. As you initially read Psalm 139, what strikes you?
4. In verses 1-6 David speaks of God as our omniscient Lord. Discuss how intimately God knows his children. See also Matthew 10:29-31 and Hebrews 4:13.
5. Read Matthew 6:25-34 and discuss the omniscience of God as seen in these verses and what this means to you personally.
6. What did Peter say about Jesus in John 21:17?

7. In verses 7-12 of Psalm 139 David describes God as omnipresent. What does this mean to you personally?
8. How does the experience of Jonah in Jonah 1-2 teach us about the omnipresence of God? Even though Jonah was disobedient had the presence of the Lord left him? See also Hebrews 13:5.
9. Have you ever experienced the comfort of God's presence in the midst of your trials? Share with your group if you like.
10. How do verses 13-16 describe God's omnipotence?
11. Read Psalm 8:3-9. What happens in this psalm as David considers the wonders of creation?
12. From Psalm 139, discuss how God is involved in our individual creation and His sovereignty over our lives. What does this mean to you personally?
13. Who is on God's mind according to Psalm 139:17-18? See also Isaiah 49:15-16 and discuss what this means to you.
14. In verses 19-22 David speaks of the wicked. Why do you think he expresses his hatred for them and asks God to judge them?
15. Who alone is the righteous judge according to Acts 10:38-43?

16. What is particularly meaningful to you about the closing prayer in verses 23 and 24?
17. What does Jeremiah 17:9 say about our hearts?
18. How can we rightly divide or sort out our thoughts and the intents of our hearts according to Hebrews 4:12?
19. As presented in Psalm 139, is God merely a force or fate? Discuss.

Prepare for Life

20. What concept presented in Psalm 139 means the most to you and why?
21. As you think about Psalm 139 this week, ask yourself: *Is there some encouragement or invitation here for me?* Spend some time asking the Lord to speak to you through this psalm. Write down what you sense He is encouraging you to do or to be based on your time in Psalm 139.

Lecture Notes: