

Lesson 2

Psalms 100 and 150

Take some time to slowly read through Psalms 100 and 150 this week, asking the Holy Spirit to illumine your thinking and to speak to you through this portion of the Word of God.

“Enter His gates with thanksgiving, and His courts with praise. Give thanks to Him, bless His name.”

Psalm 100:4

1. What concept from last week’s lesson was especially helpful or thought provoking to you?
2. Look for a verse in the lesson this week that is meaningful to you and make it your memory verse. Write it down, carry it with you, put it on your refrigerator or mirror or dashboard and memorize it. Share your memory verse with your small group.
3. As you initially read Psalms 100 and 150 what strikes you?
4. What would you say is the theme of these two psalms?
5. From these two psalms discuss the different reasons we are to praise the Lord.
6. What is the purpose of man according to Isaiah 43:21, Ephesians 1:12 and I Peter 2:9-10?

7. What does creation “say”? See Psalm 8:1, 19:1-6 and 89:11 and Psalm 148?

8. Describe what is occurring in heaven from the glimpses we get in Isaiah 6:1-4 and Revelation 4 and 5.

9. Compare the attitude of Nebuchadnezzar in Daniel 4:28-32 with his attitude in Daniel 4:33-37 and discuss.

10. Describe the believers in the early church from Acts 2:41-47.

11. What happened as a result of praising God in the midst of adversity in Jonah 2:1-10 and Acts 16:23-34?

12. What is one of the benefits of praise according to Psalm 33:1?

13. Where is God when His people praise Him according to Psalm 22:3?

14. How does Isaiah 61:3 depict praise? Do you think this picture teaches that we should praise God only when we feel like it?

15. After David successfully brought the ark of God to Jerusalem, he celebrated. Describe his celebration in II Samuel 6:12-19.

16. Not everyone will support and encourage praising God. What was the response of David's wife, Michal, and why? See II Samuel 6:16, 6:20-23.

17. What did Jesus say about praise for Him when confronted by the Pharisees in Luke 19:36-40?

In questions 18-22, though the English word in our Scriptures is *praise*, the Hebrew word shows different forms that praise can take. The primary word is **hallelujah** which comes from the root word **hallel**. **Hallel** means *to make a show, to boast, to rave, to be clamorously foolish, to shine, to praise*. **Hallelujah** means *let us praise Jah*, the root word for God. In addition to *hallelujah*, several Hebrew words that are translated praise have the connotation of singing or music.

18. **Tehillah** means *to sing a hallel*. Read Psalm 33:1, Psalm 104:33 and discuss these verses that use the word *tehillah*.

19. **Zamar** means *to pluck the strings of an instrument, to sing, to praise*. See I Chronicles 16:9 and Psalm 66:4 where the word *zamar* is used. Discuss what this means to you.

20. **Yadah** is the Hebrew word that means *to praise with hands extended, to throw out the hand, to hold out in praise and thanks*. Psalm 63:4 and 134:2 are examples of this kind of praise. Read I Timothy 2:8. How are we instructed to pray here?

21. **Barak** is the Hebrew word that means *to kneel down, to bless God as an act of adoration and praise*. Psalm 34:1, 72:15 and 95:6 all use the Hebrew word *barak*. Discuss these verses.

22. **Shabach** means *to shout, to address in a loud tone*. Psalm 117:1 and 145:4 are verses that contain *shabach*. Discuss this word in connection with praise.

Prepare for Life

23. There are many other Hebrew words that are translated praise in our English Bibles. Many of these words have the connotation of singing, shouting, dancing, clapping, bowing and rejoicing. The command to *Praise the Lord* in the Scriptures should be fulfilled in both private and public ways. How are you praising the Lord in public this week? How are you praising Him in private this week?
24. As you think about Psalms 100 and 150 this week, ask yourself: *Is there some encouragement or invitation here for me?* Spend some time asking the Lord to speak to you through these psalms. Write down what you sense He is encouraging you to do or to be based on your time in Psalms 100 and 150.

Lecture Notes: