

Lesson 5

Psalm 91

Take some time to slowly read through Psalm 91 this week, asking the Holy Spirit to illumine your thinking and to speak to you through this portion of the Word of God.

*“He who dwells in the
shelter of the Most
High
will abide in the
shadow of the
Almighty.”*

Psalm 91:1

1. What concept from last week’s lesson was especially helpful or thought provoking to you?
2. Look for a verse in the lesson this week that is meaningful to you and make it your memory verse. Write it down, carry it with you, put it on your refrigerator or mirror or dashboard and memorize it. Share your memory verse with your small group.
3. As you initially read Psalm 91, what strikes you?
4. Make a list of the things the psalmist does in this psalm and the things God does.
5. Looking over these lists, describe our role and God’s role in Psalm 91. How does this challenge you in your present life?
6. Do you think these principles are literal promises from God? Read John 10:28, Hebrews 11:32-40, and Hebrews 13:5 and discuss.

7. How did Satan misuse Psalm 91 in the temptation of Jesus Christ in Matthew 4:5-7 and Luke 4:9-13? Does he quote the Scripture exactly? Discuss.
8. Look up the words **abide** and **dwell** in an English dictionary. Discuss what these words mean.
9. From John 15:1-17 discuss what Jesus teaches about abiding and dwelling.
10. What are some of the ways that you think we can abide in the shelter of the Most High? Discuss.
11. See if you can identify four different names for God in the first two verses of Psalm 91. Each name represents different aspects of the character of God. The psalmist knows God in more than a superficial way.
12. After 10 escalating plagues leveled against Pharaoh and the gods of Egypt, Moses leads the Israelites out of bondage as slaves in Egypt. You can read the account of this in Exodus 13:17-14:31. How is this rescue described in Exodus 19:4? How can you relate this imagery to Psalm 91, which may have been written by Moses?
13. Discuss the meaning of the word **bulwark** and how the faithfulness of God is like a bulwark to us. Can you tell about a time when God has been a shield and bulwark to you?
14. What does the Lord command his angels to do in Psalm 91? Discuss what this means to you.

15. Discuss the roles of angels in the following verses: Psalm 34:7, Daniel 3:17 and 6:22, Matthew 4:11, Luke 22:43, Acts 12:5-11, and Hebrews 1:13-14. Relate these truths to Psalm 91.

16. Consider Luke 10:19-20, Romans 16:20 and Ephesians 6:10-20. What do you think is the primary way we can spiritually trample on lions and serpents?

17. As is often the case in the Psalms, the “voice” of the one who is speaking changes. Where do you think this occurs in Psalm 91? Who do you think is speaking in the first portion and who is speaking in the latter portion?

18. Read Proverbs 22:1. Do you think this verse refers to the literal name or the character and reputation of the one who is named? Discuss how your answer applies to Psalm 91:14 where God responds to those who know His name.

19. What are practical ways we can know and acknowledge His name in our lives today? See John 17:11 and discuss.

Prepare for Life

20. What concept presented in Psalm 91 means the most to you and why?

21. As you think about Psalm 91 this week, ask yourself: *Is there some encouragement or invitation here for me?* Spend some time asking the Lord to speak to you through this psalm. Write down what you sense He is encouraging you to do or to be based on your time in Psalm 91.

Lecture Notes: